

Enfield Educational Psychology & Emotional Well-being Service

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Aim - to work in collaboration to help children and young people achieve more and improve their life chances.

We aim to do this by:

Being transparent

Collaboration

Promoting and applying psychological theory and evidenced based

Valuing the views of C/YP, parents/carers, school staff, partner agencies

Developing trusting relationships

Providing impartial guidance

Enabling participation and engagement of C/YP and their families in development services

Seeking feedback evidence the value of our contribution

Schools surveys / routinely seeking C/YP & parent feedback.....

Supporting Nurture Groups / Incredible Years Parenting Groups / Tree of Life / CBT etc

C/YP are involved in recruitment and selection / Parent participation groups

EPS Transformation Structure

- Schools have a link EP/s.
- EPS provides services to schools and settings in the following ways:
 - Statutory services
 - Core priorities
 - Traded services
 - (EWBS is traded)

The EPS - Statutory Services

Enfield EPS would be involved where a child/young is living in Enfield in the following ways

- EHC Needs Assessment
- Annual reviews/Conversions – we prioritise attendance where there may be concerns about the educational placement or if there is a change in a C/YP's needs
- Being an expert witness for Enfield Council in relation to Tribunal work

The EPS – Core Priorities

- Core priorities (that are funded by the Council or through a Service Level Agreement) include:
- School **planning and review meetings**
- Support for schools in **managing traumatic incidents**
- Support around children/young people **at serious risk of permanent exclusion**
- Consultation & assessment for **Enfield LAC children/young people**
- An **Early Years EPS team**
- Consultation and support for **Nurture Groups**
- EPs in the **Advisory Service for Autism**
- EPs working partnership with CAMHS **in the Autism Diagnostic Pathway**
- **Parenting Programmes** and partnership work with **BSS**

The EPS – Traded Services

- Anything else!
- Most but not all schools trade with Enfield EPS.
- School traded work is planned and prioritised at regular meetings with link EP/s
- **Traded work can include**
 - Work with individual children, young people and families
 - Staff development
 - Whole school development

What EP involvement may look like with individual children, young people and families

- Most C/YP will have their needs met very well by their setting and may not require EP involvement.
- If you are concerned then if **early years** and not in school speak with a professional who knows you or your child. Or **speak with the school or college**.
- If an EP is required the setting will complete a '**Request for EP involvement Form**' with parent/carer consent.
- **Early Years** – An EP will then arrange to meet with you with involved professions if possible (e.g. children's centre/ preschool).
- **School/college** – An EP will join a meeting at the setting (*however it may be not be our service as school/college may commission another EP service or none at all*). Further EP work will be agreed if needed to provide further understanding & support.

We have had a great year with many interesting developments...

- ✓ More EPs are doing **dedicated SEMH/therapeutic work** through our EWBS and BSS and the ASA.
- ✓ We have more EPs involved in the national transformation of the mental health workforce, i.e. **CYPIAPT**
- ✓ We are just to embark on the **Sandwell Whole School Well-Being Charter**.
- ✓ We are extending our leadership capacity through creating **Specialist Practitioner Role**.
- ✓ We have negotiated increased funding for **Early Years**.
- ✓ We have had **increase in Trade** from schools this year which shows that schools are valuing our service. Predictive purchases from our two School Partnerships indicate that we will be increasing our trade again for next year.

Two areas identified from last Our Voice Conference...

Concerns around understanding in the mainstream education system in respect of autism, and consequent impact on the effective inclusion of these children/young people

Desire from parents to know more about training for staff and parents on autism in Enfield and how this can be accessed.

Enfield Advisory Service for Autism

- EASA's a **multi-professional team** of specialist Educational Psychologists, Advisory Teachers, Speech Language Therapists and Parent Support Advisors
- This service aims to provide **comprehensive advice, guidance and training** for all those working with or caring for children and young people with autism including: **settings, parents, children/young people**

Building autism awareness in schools

Older children/young people some examples...

- 'All About Me', psychoeducation and therapeutically informed interventions
- Awareness and social skills building via (abridged) PEERS® CBT focused evidence-based social skills programme

All age ranges

- Staff consultations and educational support
- Whole class awareness sessions and assemblies
- Staff training and workshops

Some of the whole school developments, training and workshops on offer...

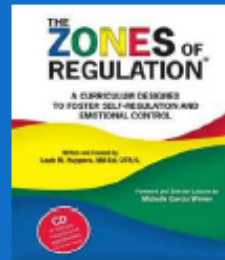
Whole school development , training and workshops:



Nationally recognised schools training programme



Social skills development including Lego®-based therapy and PEERS® programme



Emotional regulation

Independent learning through Structured teaching

Mental health and anxiety

Puberty Sex & Relationships

Behaviour management



including 5P Behaviour Approach

Mindfulness & Cognitive Behavioural Therapeutic Interventions



Parent information sessions



Social stories and comic strip conversations

Offer Menu-

Choose your development area from our offer menu:

- Siblings, peer awareness and bullying.
- Mental health.
- Emotional regulation.
- Sensory differences.
- Anxiety e.g. exam anxiety and transitions.
- Behaviour management.
- Social skills and friendship development.
- Sex and relationship education.
- Independent learning, self organisation and study skills.
- Pupil's understanding of their autism diagnosis.
- Girls on the spectrum.
- Staff understanding, knowledge and skills.
- Differentiating the curriculum.
- Information on identification and the diagnosis.
- School based parent support.

Autism Education Trust Training



- The **AET** is **DFE** approved training and is organised in a '**Three Tier**' model with each Tier designed for a slightly different early years/school/college-based audience
- **Programmes** – Making sense of autism, good autism practice, extending good autism practice, progression framework, complex needs and participation, leading good autism practice.
- Central training and bespoke/in school training
all information on **AET and Enfield ASA website**

Making a Positive Start for Autism (MAPS)

- MAPS is a series of **four weekly sessions** for parents or carers of children **under age 6**, recently diagnosed with autism and living in Enfield. The sessions are run by representatives from **Enfield Speech and Language, Educational Psychology, Occupational Therapy and the National Autistic Society.**

Cygnnet Parent Information Sessions

- Cygnnet involve **five, core, weekly sessions** to parents and carers who have a child or young person aged **between 6 and 18 years, with a diagnosis of autism**, living in Enfield and still in education. There are **additional sessions** on **sibling relationships** as well as **puberty, sexual wellbeing and relationships**. Cygnnet sessions are run by **Educational Psychologists and Parent Support Advisors**
- **Parents can self refer** via the application on the Enfield ASA website.

Enfield Advisory Service for Autism

All requests for educational support and training through the ASA should be made by the child or young person's school or educational setting through the Special Educational Needs Coordinator (SENCo) or Inclusion Leader.

More information about the areas covered today can be found on the ASA website:
<http://www.enfieldasa.org.uk/>

Other web links and resources

- Information Leaflet for Parents about Autism Support in Enfield <http://www.enfieldasa.org.uk/Information-for-Parents-Carers-about-Autism-Support/>
- Enfield Local Offer has Information on SEND and Autism www.enfield.gov.uk/SEND
- Enfield EPS <https://new.enfield.gov.uk/services/children-and-education/local-offer/education/educational-psychology-service-eps/>(see our newsletters here too!)
- AET website <http://www.autismeducationtrust.org.uk/>