



Supporting your child with anxiety and Mental Health issues videoconference for parents/carers

Friday 16th July from 11.30 am to 1 pm (online)



This videoconference session, organised by Our Voice Parent/Carer Forum, is for all parents and carers of children and young people (aged 0-25) with special needs and/or disabilities, living in Enfield.

The meeting will take place online via Zoom. The event is free but you must pre-book [here](#).

Join a team from the Educational Psychology Service and CAMHS to look at strategies for supporting children and young people with anxiety and mental health issues. We will include time for a question and answer session to discuss your concerns and questions with a particular focus on the impact of the disruptions and challenges of the last year. Please **submit any questions in advance**, either using the booking form or emailing us at info@ourvoiceenfield.org.uk by Wednesday 14th July at the latest. If time permits we will also look at any additional questions submitted during the event.