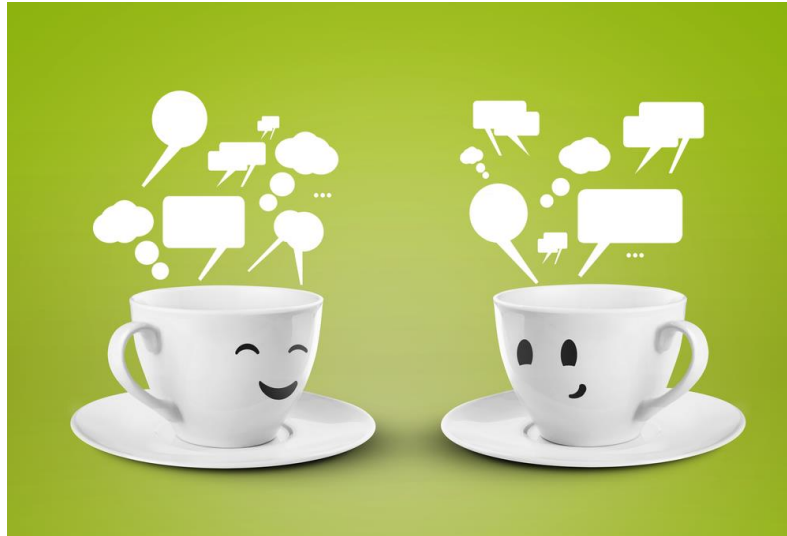


Our Voice 'Cuppa & Chat'

Wed 4th August: 10.30 – 11.30 am & Tue 10th August 8.30 – 9.30 pm

These online 'cuppa and chat' sessions are for all parents and carers of children and young people (aged 0-25) with special needs and/or disabilities living in Enfield.



Please join us for an informal and supportive chat session to talk with other parents and carers (including some of the Our Voice team) about life with a child / young people with additional needs.

The meetings will take place online via Zoom. No need to book – just join using [this link](#) Meeting ID 978 2085 6791 password Chat. Or you can phone in 0131 460 1196 Meeting ID: 978 2085 6791 Passcode: 541033

It is so good to be able to talk to other parent/carers and know they are going through similar experiences and just to connect with them

I like the sessions because I can exchange and discuss practical information - so much better than reading general guidance.

Parents of mainstream children do not necessarily understand our life and challenges we face. The coffee chats make it much easier to link with other parents.