

Adolescent Parent Workshops

Delivered Via Zoom

Enfield Advisory Support Service for Autism (EASA) is a local authority service supporting children and young people from 0-25 yrs. We do this by working with educational settings and parents to increase understanding of autism and develop provision and practise. All our parent workshops will be run by an Educational Psychologist, Parent Support Advisor and Specialist Teacher in the EASA team, who will aim to educate and support parents in different aspects of your young person's life.

Puberty and Keeping Healthy for Young People

10-11:30am Tuesday 1st February 2022

For parents/carers of young people 8 and over

A guide in educating your young person, this session will offer guidance on helping and supporting awareness and understanding of puberty and keeping healthy.

Sign up at: <https://us06web.zoom.us/meeting/register/tZ0lcOGtqTorGtIacpKbdKxPPn0AXEMID5r7>

Preparing for Adulthood-Relationships and Community Awareness

10-11:30am Tuesday 1st March 2022

For parents/carers of young people aged 12 and over

Learn about the developmental changes our adolescent young people experience in their move to adulthood and how we can help them adapt to this as parents and carers. We will explore the adolescent brain and developmental changes and how this impact on relationships. We will think about neurodiversity and differences in the way autistic young people may processes information and relate to others. As well as the ways we can work with young people to support their transition to adulthood.

Sign up at: <https://us06web.zoom.us/meeting/register/tZcuc-6trTvwHtC7clpMAB585AT2rUnL0dn>

Independence Living – Adolescence

10-11:30am Tuesday 22nd March 2022

For parents/carers of young people aged 14 and over

A session focusing on supporting your young person to learn about the steps needed for independence. We will cover everything from taking transport to loading a washing machine. These meaningful activities will be broken down for you, as well as many other steps needed to transition to adulthood.

Sign up at: <https://us06web.zoom.us/meeting/register/tZUvceurqiMiEtDR9-WNQ2MvGpg3W80b3ZoI>

Booking Process: Please note places are limited to 20 parent per programme. You must book a place before attending. If you have any questions or queries, please contact the EASA administrator on 02083534186.