



WHAT WILL HAPPEN WHEN I AM NO LONGER HERE?

Planning Events for carers of adults with a learning disability (17 years or older)

As most carers have experienced, life does not always travel along as expected and so carers are encouraged to consider making a “contingency” plan for those they care for, documenting what they believe is needed should they no longer be able to provide support themselves. There may never seem a right time to start this planning, the fact is, it’s best to do this now (or at least as soon as possible) and we would like to assist carers with this.

The aim of having these monthly sessions is to ensure carers have access to relevant information, can discuss topics of consideration, and are encouraged to document their views in key areas; these can then be attached to relevant social care records in the form of a contingency plan.

These sessions are being held on the 1st Friday of the Month, 12pm to 2pm at:

Park Avenue Resource Centre, Ground Floor, 65c Park Ave, Enfield EN1 2HL

Topics:

Session 1: Why Planning Needs to Start Today - 5th August 2022

Session 2: Social Networks and Community - 2nd September 2022

Session 3: Future Care and Living Arrangements - 7th October 2022

Session 4: Key People and their Responsibilities - 4th November 2022

Session 5: What Happens Once Planning Has Started - 2nd December 2022

Sessions are run by Enfield Carers Centre with valued support from Carers and Parents in Enfield (CAPE) and Preparing for Adulthood (formally known as Moving On).

Tea and Coffee will be made available; you are welcome to bring your own lunch

Please email casmanager@enfieldcarers.org to book your place

***Please note that session topics may be subject to change to accommodate speaker availability**