Who We Are

If you have any questions about LEAP, please contact us on



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A University Teaching Trust



Baby Communication Booster Programme

Information for Parents and Caregivers

What is LEAP?

LEAP is a new communication booster programme targeted at giving children from 0-2 years the very best start in life.

LEAP focuses on building interactions between babies and caregivers at the most important time in baby's life and will provide parents with life-long tools to support speech and language development



Why am I being invited to LEAP?

We are inviting families who may be impacted by any of the following circumstances: a lower income, family history of speech and language difficulties, parental mental health difficulties, preterm birth or adolescent parenthood. Research has shown that these factors can increase the odds of children developing speech and language difficulties. We want to offer the best start so that your child can reach their full potential.

"The first years in life are vital in giving every child the best start"

What can I expect?

One of the team will contact you to arrange a home visit (this could be in the clinic, if preferred) to look at your baby's early communication skills. If your baby is under six months, you will be contacted when they have reached this age. All families will be offered advice and will be signposted to support and local services. You and your baby may be invited to communication booster groups to develop their early interaction and communication skills.



What if I don't speak English?

You are welcome to bring a friend or relative to any sessions to interpret for you. If you require an interpreter, please let us know and we can organise one for you.

What will group sessions involve?

Sessions have a relaxed atmosphere with refreshments, changing facilities and the opportunity to meet other parents in the community. We will be singing, playing and offering ideas for communicating with your baby. You will learn activities and strategies to use at home to support your baby's interaction and communication. Sessions will be led by a Speech and Language Therapist and/or an Early Year's Practitioner.



How often will I need I attend?

You will be invited to attend sessions once a week. Sessions will be informal and there will be tea and coffee and time for a chat.

Where will I need to go for sessions?

Sessions will be held in a community venue in your local area.