

Our Voice 'Meet the SEND Heads' Parents' Conference June 2023

This pack contains updates from the different areas involved in the Q&A Panel session on 22nd June 23

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Our Voice

Update from Seema Islam, Chair of Our Voice

Since our last 'Meet the SEND Heads' Parents' Conference in March 22, we have continued to work with the Local Authority and Health to ensure that families' views are represented. As the world has gradually returned to 'normal life' after the pandemic many of our families have continued to experience the longer-term impacts and our support has helped to improve very difficult situations for many.



The Our Voice Management team (picture from November 2019, our last in-person conference)

Our Voice is the parent carer forum for the London Borough of Enfield, supporting the families of children and young people with Special Educational Needs and Disabilities, aged 0-25, living or attending school here.

What do we do:

We support families by

- Listening to you through our various events, workshops, consultations, phoneline and email.
- We represent you (after gathering your views and experiences) when working with the statutory agencies and voluntary sector and provide a "bridge or connection"
- We network regionally and nationally, so that Enfield parent carer presence is part of the regional and national parent carer community
- We provide informal advice and information, signpost and help parent carers navigate services
- We provide training in areas relevant to supporting children and young people with SEND, create networks of support and skill up parents.
- We can't lobby but we do try to influence decisions that impact the families of children and young people with SEND

Key achievements over the last year

- Attended over 130 Education, Health and Social Care meetings representing the parent/carer voice and gave feedback on a wide range of different documents and processes.
- 11 Webinars and videoconferences on varied topics from choosing a primary or secondary school to EHCPs and Annual Reviews.
- Attended 15 coffee mornings at schools and voluntary sector organisations,
 where we listen to parents and SENCOs, to inform our coproduction with the LA.
- Ran our 'Healthy Parent Carer' courses giving small groups of parents a chance for extended discussions and support and help to improve their health and wellbeing, confidence and resilience (continuing through this year)
- 3 large family events, where families can meet other parents and enjoy watching their children play in a supportive and inclusive environment.
- Attended 13 regional and national meetings giving feedback to DfE and Health representatives on topics like the SEND Green paper.
- Starting to work alongside the newly formed Integrated Care Boards (NHS) to develop coproduction in community health services for our families
- Developing the Neurodevelopmental Pathway guidance for families in Enfield with health professionals.
- o Contributing to the development of the Enfield Autism Strategy and Action Plan

Representing parents' views and needs for the NCL Keyworking Team, to support

families in crisis.

 Numbers receiving our regular mailings have continued to rise.



What difference has this made?

- Parents and carers have had opportunities to learn about the issues that impact them and their families and have been able to raise questions directly with the LA and Health.
- Our regular meetings with the LA have given us more opportunities to challenge regarding some of the common issues parents are coming to us about. As one

example, we were able to successfully argue for a change in policy so that when funding to support a young person's activities and services is due to move to adult services on their 18th birthday, if arrangements are not in place in time, the existing funding will no longer automatically cut off at the age of 18, but will be extended until arrangements are in place.

- LA departments have been asking for our feedback more often giving us opportunities to influence.
- The Healthy Parent Carer course we offer is probably unique (we are not aware of any similar courses designed specifically for the parents of children/young people with SEND) and has had a significant impact on participants.

How can we help?

- Provide informal advice and guidance to parents on a variety of issues and signpost other sources of support and guidance.
- Provide opportunities for parents and carers to talk to each other through our events and courses like 'Healthy Parent Carer', to build their own resilience and support networks.
- Deliver training/workshops on a wide range of useful subjects. This year, based on your feedback, we anticipate including sessions on Positive Behaviour Support, choosing a primary or secondary school, EHCPs and Annual Reviews, Sleep, Sensory Processing, Speech and Language, Short Breaks and protecting vulnerable young people from exploitation.
- We're considering themed coffee mornings (one service at a time) hosted by OV,
 with guests from each service, taking place face-to-face throughout the year.
- Hold face-to-face events giving families a chance to spend time with each other and meet other families in an inclusive and supportive environment, to help build support networks.
- Provide regular updates to our members and via social media on what's happening locally, our events and other relevant information.

SEN Services

Update from Barbara Thurogood, Head of SEN Services



Since December 2021, the Sen service re-organised its teams so that going forward we could better meet the needs of our children, young people and their families:

- LAC & Vulnerable Team
- Statutory Assessment Team
- Pre-14 Annual Review Team
- Post 14 Annual Review Team

We have managed to now make sure that our teams are now performing effectively, and we are now achieving 92% of our EHCPs on time. This is a great achievement and we have managed to do this by working with our parents and schools to change the way we work.

We would like more parents to participate in the co-production meetings going forward.

OFSTED

The SEND Partnership underwent the OFSTED/CQC inspection, and this was positive. We are awaiting the final report and then we will be able to share this.

Speech Language and Communication

Both Schools and parents asked us to develop our speech and language offer and we have done this in the last 14 months by developing ECASS and all our feedback so far is that this is going well and parents and schools are benefiting.

Key Documents

We are working on some key documents in the next year and these will be:

- Self-Evaluation Framework
- Ordinary Available Provision for parents
- Statutory EHCN assessment guidance for parents

Expanding Schools

As a local authority we were successful in winning funding from the DFE to build a new primary school for children with Autism by 2027.

Statutory Time -Lines

We have managed to make sure that we produce 100% of our EHCPs on time in the last 6 months and 90% of our EHCPs are on time annually. The national average is currently 60%.

We are working on our Annual Reviews, and we are ambitious to make sure that we work with our schools to review them all on time. We have increased our staffing to do so.

New SEN Service Manager

When I last provided an update in this newsletter, I mentioned that I was 'delighted to have joined Enfield.' Now, I can confidently say that I am thoroughly enjoying working in Enfield and feel honoured to serve the families within our borough.

The SEN Service has made significant improvements over the last 18-24 months, resulting in a notable enhancement in compliance with statutory deadlines and improved outcomes for children and young people. I sincerely hope that most families in Enfield feel that their journey has also improved.

I firmly believe that our people play the most crucial role in these achievements. We have been working diligently to ensure that we have the right individuals in place to support our children and young people. Through an intensive recruitment drive, we have successfully attained the highest level of recruitment ever seen in our service. I am confident in saying that we now have a highly skilled and motivated workforce dedicated to supporting our families.

While we acknowledge that there is still much work to be done, we have identified several priorities for the upcoming academic year. These include improving post-14 transitions, enhancing the journey of children and young people during the new assessment process, and optimising the annual review of EHCPs.

We are fully committed to addressing these areas and striving for continuous improvement. We understand the importance of these aspects in ensuring the best possible outcomes for our children and young people.

Thank you for your ongoing support and collaboration. Together, we can make a positive difference in the lives of our children and young people in Enfield.

Joint Service for disabled children



Update from Mirjan Dhamo

I have now been in Enfield for more than a year. I worked in the Royal Borough of Greenwich and London Borough of Brent before joining Enfield in April 2022. During this year I had the opportunity to meet colleagues, parents, carers and our children. I look forward to meeting you at the conference.

Play and Leisure Activities

JSDC has continued to provide services to our children and families, detailed below.

Youth Clubs and Social Activities

The Youth Service and JSDC established a SEND-specific Youth Club at the Bell Lane Youth Centre. This is attended regularly by our young people once a week and is being supported by Cheviots staff. The SEND-specific Youth club has a ratio of 1-5 staff members and has 20 places available. Personal care or 1:1 support is not provided.

Summer University

The Youth Service and the JSDC are continuing to work together to ensure there are opportunities for young people with SEND to access inclusive activities. All our Summer Uni Courses are **Universal Activities**, these courses are intended to be accessible to all young people where possible, however, courses do not provide personal care or 1:1 support.

In addition, we arranged some SEND-specific sessions as part of the programme last year and are beginning to work with Our Voice to continue to improve the offer to children and young people with SEND for this year. This is known as our Summer Uni Universal Plus. These activities are for young people with SEND who need some additional support. All the Summer Uni SEND-specific courses will be held at Bell Lane Youth Club during the summer holidays every Monday and Tuesday for 4 weeks, providing several courses and activities aimed at young people with SEND. The course will include arts, crafts, cooking and sport.

Bell Lane Youth

The Bell Lane SEND-specific Summer Uni Youth Club will run every Monday and Tuesday for 4 weeks, providing several courses and activities aimed at young people with SEND

Week 1

The Bell Lane SEND-specific Summer Uni Youth Club Come and take part in the Summer Uni youth club. Get involved in arts and crafts cooking and sport programme

Featured activities Monday - Strike back martial arts Tuesday - Multisport

DATES: Mon 24 Jul and Tue 25 Jul VENUE: Bell Lane Youth Club

TIMES: 10 am-3:30 pm AGES: 11-19 (25 for SEND)

Week 2

The Bell Lane SEND-specific Summer Uni Youth Club Come and take part in the Summer Uni youth club. Get involved in arts and crafts cooking and sport programme

Featured activities

Monday - Strike back martial arts and Henna cookie art Tuesday - Multisport and Henna cookie art

DATES: Mon 31st Jul and 1st Aug VENUE: Bell lane Youth Club

TIMES: 10am-3:30pm AGES: 11-19 (25 for SEND)

Week 3

The Bell Lane SEND specific Summer Uni Youth Club Come and take part in the Summer Uni youth club. Get involved in arts and crafts cooking and sport programme

Featured activities

Monday - Strike back martial arts and Henna cookie art

Tuesday – Multisport and Henna cookie art

DATES: Mon 7th Aug and 8th Aug

VENUE: Bell lane Youth Club

TIMES: 10am-3:30pm AGES: 11-19 (25 for SEND)

Week 4

The Bell Lane SEND specific Summer Uni Youth Club Come and take part in the Summer Uni youth club. Get involved in arts and crafts cooking and sport programmes

Featured activities Monday - Strike back martial arts Tuesday - Multisport

DATES: Mon 14th Aug and 15th Aug

VENUE: Bell lane Youth Club

TIMES: 10am-3:30pm AGES: 11-19 (25 for SEND)

If your child has complex needs; you can refer to Holiday Play and Leisure Activities for Children and Young People with SEND for more specialist activities during the summer.

In addition Centre 404 has been successful in securing funds from the HAF programme to provide playscheme and support to specifically to children and young people with SEND.

Play Schemes

We continue to run the Cheviots playscheme from two sites, the Waverley school and Cheviots

Cycling

> Following success from the previous years we are running again this summer the cycling scheme on 1,8,15 and 22nd of August 2023 at Bush Hill Park. To



ECSL1938 SEND

reserve a space please email bike@enfield.gov.uk. Summer Cycle Fun p

Swimming Survey

Our Play and Leisure Survey in March 2021 told us that swimming was the most popular activity that young people wanted to take part in. Given that we have 5 leisure centres with pools we decided to carry out another survey in Spring 2022 to find out what the barriers were. 162 people responded to the survey. You told us:

- 151 of the 162 respondents all reported that they would like to see SEND specific swimming sessions.
- 89% reported they would like to SEND swimming lessons delivered.
- 93% reported they would like to see SEND training staff
- 80% of respondents wanted to access swimming at the weekends, and 54% in the school holidays.

As a result of the survey, we worked in partnership with Fusion Leisure and there is now a regular <u>Sunday Disability Family Friendly swim session</u> at Edmonton Leisure Centre. These sessions are discounted at £3 per person.

We were also able to use the results of the survey to support the bid by the Sports Development Team to London Sport. We were granted £10K to deliver SEND swimming lessons across the borough. Training was provided for the swim instructors covering disability awareness and autism.

The SEND swimming lessons at Edmonton LC & Albany LC have been running since February, we've had some bumps in the road with pool, lifeguard and instructor availability, but we've now run 2 cohorts of 10-week lessons at both facilities. Edmonton has the capacity for 10 children per half hour session, with the 2 sessions running at 12:15pm and 1pm on a Saturday, and Albany has recently moved from a Sunday to a Saturday at 3:30pm with the capacity for 5 children. We started with over 100 young people on the waiting list and we're really starting to make a dent in this, with the hope that we'll be able to get approximately 90 young people onto one of the courses.

Co-production

Health & Wellbeing Training

Our Voice and JSDC co-produced a successful bid and secured funding for Our Voice to run health and wellbeing training courses for a year for a total of 72 parents.

Meeting with Head of Services

We continue to meet monthly with Our Voice to discuss concerns and look at how best to resolve this.

<u>Duty social worker</u>

Following feedback from parents and workers we have now a permanent duty social worker to deal with any duty enquiries. This has proved very positive as parents enquires and phone calls are dealt with in a timely fashion.

Preparing for Adulthood

The Local Authority has worked in partnership with Families in Transition to Adulthood and Our Voice to develop transition information and events. This year's programme has come to an end, but the details of next year's events

will be available on the Local Offer towards the end of August. Events will be delivered from September 2023.

Transition Coffee mornings will be held in the Special Schools from September so make sure you find out from your school when it is taking place. It is a great way to find out what support is available and get a copy of the PfA booklet.

We have also introduced "Transition Drop-ins" on the first Friday of the month at the Carnegie Building.



Participation and Engagement of Children and Young People with SEND



It is important that children and young people with SEND have the chance to contribute and have their say about their own lives, such as being part of the review of their education, health and care plan, and their adult care and support plan and developing their Adult Care and Support Plan.

They should also have a chance to have their say in how council services are developed, so we have developed a network of existing groups of young people to have their

say called "All About Us".

So far, they have been established in the following settings:

- Waverley School
- West Lea School
- Bell Lane SEND Youth Club
- Cheviots Children's Disability Service

We are keen to increase the number of All About Us groups so that more children and young people can have their say.

So far, the young people have:

- Chosen a logo
- Helped us make a video, https://youtu.be/UUaIolUljyE
- Developed an easy-read leaflet for young people with information about Preparing for Adulthood.

Integrated Learning Disability Service



Update from Charlene Thomas, Service Manager, ILDS

Who we are

The Integrated Learning Disability Service (ILDS) is a team of health and social care staff from Enfield Council and the NHS. There are different disciplines in the service and the support we provide can be accessed via our <u>Learning Disability</u> page on Mylife Enfield.

We support adults (18+) with learning disabilities, their families, and supporters.

We also work with young people 16+, alongside Children's Services, to plan their transition into adulthood.

We aim to support people with learning disabilities to be healthy, independent, and valued members of their community

Our <u>Learning Disability</u> page has a vast amount of accessible information as well as advice for supporters. It's regularly updated, and we are always happy to have any feedback, particularly about anything you would like added to the site. For families of young people in transition the <u>Care and Support</u> pages might be particularly helpful.

Assessment and Care Management

The Integrated Learning Disabilities Assessment & Care Management Team compromises of Care Co-ordinators, Social Workers, Senior Practitioners, and Social Work Managers, who are part of an integrated health and social care service, providing a wide range of support to people with Learning Disabilities and their carers.

The team is fully committed to the principles of personalisation and supporting people with learning disabilities to maximise their independence and inclusion and to maximise their control over their lives. We are a forward-thinking team that value social work practice and the role we play in integration. We promote the use of Direct Payments so that the people we work with have the autonomy and flexibility to make their support work in a way that best meets their needs.

The team are passionate about our people and how we deliver services to our community in Enfield. We encourage a culture that puts our customers at the heart of everything we do.

Transition

Enfield Integrated Learning Disabilities Service are committed to helping all parents and carers of young people with Learning Disabilities to 'Transition to adulthood.

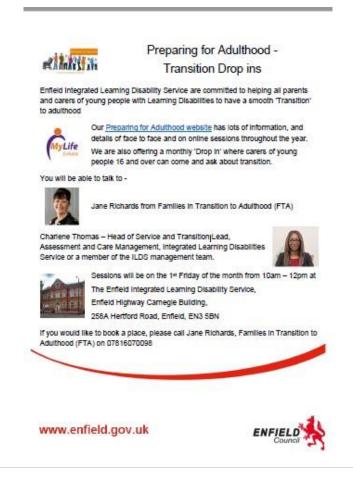
There were forty-five young people that transitioned to adult services during the last year.

We have had several Moving On Events throughout the year and we continue to have a robust transition pathway in place to support parents/cares and young people through transition. We are in the process of planning moving on events for 23/24.

Our <u>Preparing for Adulthood website</u> has lots of information. We also have a dedicated parent carer (Families in Transition to Adulthood (FTA) who supports those in transition so carers can discuss any queries, anxieties they may have about the transition process.

Transition Drop Ins

We have recently started offering a monthly Drop In where carers of young people 16 and over can come and ask any questions about transition (flyer below).



Equals Employment

The Equals Employment Service is part of the Integrated Learning Disability Service and works with Adults with Learning Disabilities, who live in Enfield and who want to find work.

Equals will help to explore work interests and support needs through vocational profiling & assessment and assist to look, apply, prepare and interview for the matched job. We will also provide in-work support and help the employee and the employer establish what help is needed, working through any difficulties or problems and be there for changes or retirement.

Equals is also working with LBE STEPs project to work with adults who have long term conditions, live in Enfield, are not in education, employment or training and want to work.

We are rolling out the successful model of Person Centred, strength-based employment support to enable placement in valued worker roles where people feel valued, skilled and contributing to community and society. Whether a paid or voluntary role it is a positive outcome and one that should be rewarding and meaningful.

PHILANTHROPY is a community interest company that EQUALS Employment have been joint working with for the past year. The shop relies on donations yet transforms profit into meaningful paid employment for adults with learning disabilities and mental health issues. The grand opening of the shop happened in June 2022. Once the shop started to make a profit, all clients became permanent paid employees and contracts were signed in October 2022.

ILDS Therapies Service

The ILDS Therapies service is a well stable team of health professionals who work in a person-centred way to support, develop and enable individuals referred to us (Speech and Language, Occupational Therapy, Art Therapy and Physiotherapy.

Speech and Language Therapy

ILDS SALT accept referrals for people aged 18+ with a diagnosis of LD who are registered with an Enfield GP and have a Learning Disability as their primary classification.

For communication, SALT accept referrals where the person is no longer in education. SALT also accept referrals for those who have dysphagia, including those still in education.

The SLT service model in adult services is different from education. This can be a difficult adjustment for families, who have become accustomed to the ongoing provision offered via the EHCP. We accept referrals based on a presenting need, considering its impact on the person's everyday life and functioning, and discharge once that need has been addressed. This reflects a social model of disability, rather than a developmental or medical/impairment-focussed model of working. In this context, the support we provide follows a Total Communication/Inclusive Communication approach, valuing all modes of communication, and looking at both

the individual's communication needs and how those around the person can adapt their communication to meet the person's needs. SALT do not accept referrals to work directly on speech clarity, but would offer to work on compensatory strategies instead, in the context of Total/Inclusive Communication.

Talking Mats

Talking Mats is a simple tool that aims to improve the lives of people with communication difficulties by increasing their capacity to think and communicate about things that matter to them. This can include their hopes and aspirations, activities, housing preferences, support needs, healthcare, etc.

In May 2023, 24 staff from ILDS attended Foundation Training in Talking Mats and will now begin to use Talking Mats to support conversations with young people preparing for adulthood.

Occupational Therapy

Occupational Therapists help individuals referred who have a learning disability to learn new skills and everyday things they like more easily.

Occupational Therapists will help individuals to think about what is important to them, how they can look after themselves and their homes. They will alo help those to learn about healthily eating and how to cook. They also assist with supporting to gain skills to manage money, being an active member of the community and remaining safe.

Support is also available to enable people to have healthy and safe relationships. Occupational Therapy support those who are parents, have dementia, sensory needs and those who have needs around relationships and sexuality.

Art Therapy

Art Therapy is a form of psychotherapy that uses art materials and the art process as its primary approach to communication. The overall aim of its practitioners is to enable a client to effect change and growth on a personal level through the use of art materials in a safe and facilitating environment.

Physiotherapy

Physiotherapists work with those who have a learning disability and will help to restore movement and function when someone is affected by injury, illness or disability. It can also help to reduce risk of injury or illness in the future.

It takes a holistic approach that involves the patient directly in their own care. The physiotherapist will adapt their approach and techniques so that the individual understands what is expected of them and give accessible instructions where necessary.

Enfield ILDS Person centred approach and engagement with parents and parents.

The Enfield Learning Disabilities Partnership Board continues to thrive, with over 20 attendees at each meeting and good representation from family carers and people with learning disabilities. The big issues discussed in the last year include –

- The cost of living, with members of the council welfare support and debt advice team presenting with very useful advice and managing the cost-of-living crisis. This was further rolled out to service user and carer groups
- What I do with my days, setting up a working group looking at meaningful ways people can spend their time and meet their needs. This group will report back on their work later this year.
- Travel, advising on the travel support consultation
- Employment, a member of the Chief Executives department presented on a project aimed at helping people with disabilities gain employment with the council
- Health, public health presented on the 'All our Health' project, and a member of the ICB presented on annual health checks. Enfield have achieved very high numbers last year and are new looking at quality measures.
- Banking, members completed a survey about their experience of banking, including those who did not have a bank account.

The health subgroup continues to work on priorities to help people live longer, heathier and happier lives.

The focus group also continues to provide a key link between carers, council officers and the voluntary and community sector, advising on issues including transport, care charging and blue badges.

Health services commissioning update



Update from Michelle Williams Senior Commissioning Manager, NCL ICB

North Central London Integrated Care Board (NCL ICB) is responsible for providing health services for children and young people with SEND in Enfield. These services include speech and language therapy (SLT), occupational therapy (OT), physiotherapy and special school nursing.

Since October 2021, the new children's commissioning team in NCL ICB has been working closely with the Local Authority, service providers and Our Voice to improve the way that health services are delivered and improve health outcomes for the children and young people who access these services.

SEND health services improvement action plan

In 2022, the NCL ICB developed and implemented an Enfield SEND Action Plan for Health to address the key areas identified for improvement across health services. The annual Action Plan sits alongside the Local Authority's SEND Strategy, and sets out what the ICB proposes to do to make improvements in the following areas:

- Communication, engagement, participation and inclusion how do we make sure that children and families play an active part in developing and delivering health services for SEND.
- Enhancing quality and performance improvement how do we make sure that our services are meeting children's needs, delivering positive outcomes and providing high quality SEND provision.
- Service development and system transformation how do we ensure that our services are continuing to improve and develop to meet demand.
- Workforce capacity and development how do we make sure that there are enough skilled staff to deliver SEND health provision in all settings.
- Governance, accountability and assurance how do we make sure that the right people and processes are in place to manage health services for SEND effectively?

The Action Plan will also be updated in line with the areas for improvement that were raised by the CQC / Ofsted Area SEND inspection in March 2023. This includes actions to improve the way that young people transfer from children to adult health

services by making sure that there is joined-up planning from the age of 14 across the services they are engaged with.

The progress being made to deliver these improvements is reported to the Enfield SEND Partnership Board on a regular basis.

To ensure that children, young people and families are actively involved in developing and delivering local SEND health provision, NCL ICB has committed £3,000 to Our Voice in 2023/24 to support the development of coproduction activities in Enfield to deliver the SEND Health Action Plan.

Focused partnership groups

A number of partnership subgroups were established in 2022/23 to take forward actions in priority areas. This includes:

- Therapies Working Group to oversee the review and transformation of the existing therapy provision in Enfield;
- School Places and Health Resourcing Group to ensure that health provision is planned and commissioned in line with the Local Authority's school expansion programme.

These subgroups report to the SEND Partnership Board so that the Enfield partnership is aware of the plans and developments.

New investment in health services provision

Since 2021, as part of an NCL-wide children's community services review and service transformation programme, there has been increased investment in SEND health provision to meet demand for services, address inequalities and support children and families who do not necessarily engage with local services. This includes:

- £700,000 in 21/22 and 22/23 across the five NCL boroughs to support therapy teams to address backlogs following the COVID-19 pandemic, resulting in SLT 136 Assessments +245 interventions and OT delivering 115 interventions by March 2022 with the phase 1 accelerator funding. This went live in December 2022;
- £1.7m into a new autism recovery programme across the 5 boroughs, including an online diagnostic service alongside a new central NCL diagnostic 'hub'. Children waiting the longest are prioritised for referrals. This went live in December 2022;

- £133,000 into Enfield to deliver an early years' initiative for children at risk of developing speech, language and communication needs and to improve the provision of health advice for EHCPs;
- £258,500 across all boroughs in 21/22 and 22/23 to trial an NCL approach to post-diagnostic support based on the Enfield's Atlas model which is recognised as good practice;
- £193,046 in 23/24 to enhance universal speech and language provision;
- £146,050 in 23/24 for additional doctor and nursing capacity to support the health needs of looked-after children (LAC) / children in care;
- £145,632 in 23/24 to improve the pathway for children with neurodiverse needs including autism.

The partnership will continue to focus on improving services and outcomes in priority areas including therapies, LAC healthcare, autism and community nursing.



Children, Young People and Families Community Health Update

Update from Helen Tanyan and the teams

Who we are:

Enfield community Services is now part of North Middlesex University Hospital NHS
Trust since April 2023. The Children and Family service which are part of North Mid
in the Community includes Community Consultant Paediatricians, Dietetics,
Physiotherapy, Occupational Therapy, Speech and Language Therapy, Special school
and Youth justice Nursing, Clinical Psychology for children under 6 years of age,
Children's Continuing Care, Specialist Play and Bereavement, Children's
Immunisation, CYP Safeguarding, Looked After Children Nursing and Health
Visiting /School Nursing services

Health teams work within integrated multi-agency service provision such as Council services: Early Years Social Inclusion team /Looked After Children/Youth Justice /Enfield Behaviour Support Service (SWERRL)/Enfield Advisory Service for Autism /Enfield Communication and Support service ECASS/ The Children Centres Offer. The health therapies and nursing teams are located on-site at special schools working to promote and optimise functional skills, independence and learning alongside key adults within the class and school setting. Paediatricians and Dieticians also provide school-based sessions working with education, families and GPs /hospitals to maximise progress and ensure children can manage their condition effectively.

The services work with children and young people up to the age of 18 years or 19 years if in a special education provision. However, we work flexibly to ensure the young person is ready and the transition to adulthood is progressed smoothly. We recognise that transition into adult services is an important part of a young person's care pathway and work with young people, their families, and other services to facilitate a safe, smooth, co-ordinated, person-centred transition from children's services to adult services rather than be dictated by age. The Designated Clinical

Officer Sally Mordi is prioritising an audit of Transition processes between health in special schools (including CAMHS) and Adult services in 2023 so we improve a smoother journey to access physical and mental health support in adulthood.

Clinical leads and Care Group managers can provide advice and information for families and settings if queries cannot be answered via the Trust webpage and the Local offer on the Council website. Parents /Carers can also directly contact the school link or the named health staff for the child or young person Detailed information about the different clinical teams and how we can support can be accessed on the Trust website Information about clinical services at North Mid | North Middlesex University Hospital , including the Single Point of Access referral form or the Council Local offer web page www.enfield.gov.uk/SEND Contact Telephone: CYP Integrated Care Administration **0208 702 3160/6741** The service operates Monday to Friday, throughout the year, with core operational hours of 9am-5pm.

What happens after a referral:

Referrals are triaged by the service within 5 working days or at the Child Development Service Intake multi-disciplinary meeting. Following triage, families and the referring professional will be advised of the next steps. Following acceptance of a referral, we aim to offer a first assessment within 13 weeks and 18 weeks for Consultant Paediatricians unless the referral is part of an Education, Health and Care needs assessment process where assessment is expected within 6 weeks of referral. Most families will be offered an initial consultation via face to face or video call after the referral has been accepted followed by an assessment arranged in a clinic, within the educational setting or at home.

Features of Intervention:

For younger children we provide parent and child-led play-based intervention, incorporating interests. Older children and young people are encouraged to participate in goal setting and provide their views to inform preparing for adulthood outcomes.

Where a need has been identified, families will receive written intervention programmes and have a named contact for their child's care. We aim to provide written programmes within 4 weeks of needs being assessed and goals being set. Progress on Goals that have been agreed together to meet desired outcomes are regularly monitored with parents/carers and key partners.

Individualised advice and support to meet the child or young person's need that may include individual, or group sessions led by the staff team will be offered over an agreed period. We work towards individuals, families and key adults being able to self-manage and develop independent skills to their maximum abilities. The service also offers training and workshops when specialist interventions are recommended supporting children and young people before/during/after transition between educational settings or Key Stages.

Where interventions are indicated in a child or young person's EHCP, this will be delivered by the service in the educational setting according to the specified provision. Therapists /Nurses and wider health professionals contribute to annual reviews for children and young people with provision specified in their EHCP. The Health Advice and Consultation clinics provide advice and support after a child or young person has been discharged. Parents and carers can book into the clinics to clarify queries /intervention strategies or re-access to the service if there are further concerns

Working with Families

Parents/carers are encouraged to either attend their child's appointments or arrange for a feedback session with the therapist/clinician following a school visit to enable joint goal setting. It is expected that families will work alongside the team to continue their child's or young person's support at home. Written programmes and reports are shared with families, as well as other professionals supporting the child or young person. We aim to provide written reports in advance of any meetings where a child or young person' needs and/or progress are being discussed. Families will be provided with the name of the person delivering their child's care and details

of how to contact them. All draft reports are made available for comments/contributions to families prior to issuing the final version.

Recognition of cultural diversity is important, and we work closely with families to support communication and understanding of their child's needs and strengths. We work with interpreters for families for whom English is not their first language or families who are British Sign Language Users. We also include education and other health care professionals, family support workers, social workers, and extended family members to ensure wider engagement with services for all families where appropriate. This year the service has worked closely with our Turkish families to co-design and evaluate interventions that are a good fit to meeting needs of CYP with neurodiverse profiles such as Autism . We are working jointly across the north central sector in partnership with providers who will codesign with Somalia and Bangladesh families so intervention packages can be implemented and shared across the sector.

Highlights of work delivered in 2022-23

Enfield Community Service has now moved from Barnet, Enfield and Haringey Mental Health Trust to North Middlesex University Hospital NHS Trust. Families will continue to access services in a joined-up manner. The transfer will impact positively on assessments and interventions which will continue to be delivered more coherently across services. We look forward to building future working relationships and care pathways across the hospital and community offer.

Physiotherapy

'Me and my Baby' group was developed in collaboration with the clinical psychology team, aimed at providing emotional support and a safe space for parents of babies/toddlers with emerging complex disabilities. We hope that by bringing emotional and health therapists together, we will support new parents more holistically, while holding the different aspects and elements parents are managing at this time

The idea for this group has come about from hearing parents tell us of their worries, experiences, and unique journeys, which have been different, and times more difficult to those of their family's/friends around them. Parents have expressed a wish to meet with other parents, and their babies to share, learn, support and talk

together. For further information about this group or an informal chat, contact carol.levine@nhs.net or efrat.thau-zuchman@nhs.net

The toe-walking clinic has enabled streamlining of the management of children referred who toe walk to ensure an evidence-based programme. There has also been joint work together with the SLT Autism team to develop parent information regarding toe walking associated with autism, and advice on if/when it is appropriate for children to be referred to physiotherapy.

A spinal group for teenagers and young adults with non-complex back pain, following physiotherapy assessment and initial management advice has been developed, the spinal group is offered to support young people in self-managing their back pain through exercise and education.

The serial casting clinic is a collaboration between surrounding boroughs in North Central London– an evidence-based treatment for children who have very tight calf muscles. We offer this to children where other conservative physio intervention has not been effective. Historically children have struggled to access serial casting, due to lack of availability in local and tertiary services with some children not being able to access the intervention at all anywhere. We have now run 2 successful series of serial casting clinics with extremely good results (improved range of movement at the ankles, and improved walking patterns) and positive feedback from children and parents.

The CPIP (Cerebral Palsy Integrated Pathway) a programme which provides regular follow-up assessment for children with (or suspected to have) Cerebral Palsy.— aged between 2-5years old, which includes the Mini Motor Clinic as a one stop shop full assessment every 6 months (in alignment with NICE Guidelines) to streamline assessments looking at changes in joints and muscles to aid early detection of emerging problems that need treatment. The programme includes clinical examinations and hip X-rays at regular points in childhood. The clinic also provides valuable support and practical clinical supervision for staff working with complex cases. All children with Cerebral Palsy undergo a CPIP program which includes clinical examination -risk factors for posture /spinal alignment and hip displacement but a focus this year has been on the 2–5-year age group.

Pre-walking and post-walking skills groups – in development – will enable weekly access (for a set number of weeks) to physiotherapy input via a group setting, led by a physiotherapist & Technical instructor

Occupational Therapy

The OT service is now a key partner with Brunel University on Quality Improvement for Occupational Therapy engaged in research on outcome measures and evidence-based practice.

New full-time OT post for Durants school We have managed to recruit to this post 3 days a week on a permanent basis and have another staff member trialling a placement in the school for 2 days The OT's are focusing on class-based provision working alongside the class teachers with identified functional goals in order to maximise the number of students they can see in the week. New ECAS OT and EASA OT Posts: The LBE has also funded 2 new part-time OT posts to work within the ECAS and EASA team to provide more universal OT support to schools and families (EASA). Both posts are currently recruited to. If your child has a diagnosis of Autism and you wish to speak to an OT you can find the EASA OT at the EASA coffee mornings for an informal chat and advice.

New schools OT telephone hotline: The OT team is now providing a new schools hotline once a month where schools can book into to speak to an OT for informal advice and queries to support the OT needs of children in their school.

A number of new Leisure programmes are re-established, including The Motor-coordination Football Club Enfield Town FC, Hand disability- inclusive running club with Lea Valley Athletics, Swim Lessons with Active Enfield (in 3 sessions for complex needs kids in the community), the Bike Club with Cycle Confidence, The Physical disability Football Club with Enfield Town, as well as the Secondary School Motor-Coordination and Physical Disability lessons with Enfield Town FC

The OT service is part of the Annual SENCO Induction and Health Forum where SLT, PT, Psych, and Dietetics are invited to discuss pathways, referrals, and other collaborative approaches.

The team has strengthened their relationship with Great Ormond Street with joint splinting and Botox clinics with timely interventions being a core priority.

Other family-based programmes now include Independent Skills Training for families, Early Writing skills for schools and parents, Handwriting Training for schools and parents (next level on from Early Writing Skills), Post-diagnostic Workshops for parents and schools for children diagnosed with Developmental Coordination Disorder as well as a Self-care parent coaching group for Under 5's with social communication difficulties.

Dietetics

A Multi-disciplinary (MDT) group has been established called Mindful Mealtimes, as joint online group sessions for parents of children with selective eating is now delivered by dietitians, psychology, OT and SLT.

The training offer includes OT, SLT, Psychology and Dietitians to support the work post -Mindful Mealtimes group work

The team have also partnered with North Central London (NCL) acute trusts to design and develop a NCL Home Enteral Feeding referral form. This will support a smooth discharge from hospital to home for enterally fed children and young people.

Collaboration with GOSH cardiac dietitians and cardiac nurses also ensures an optimal handover/referral and a safer transition to the local dietetics team through use of Delphi Guidance and GOSH guidance on fluid management/restrictions. The team are also proud of their collaborative pathway with the CAMHS team to delivers joint sessions for including social stories methodology as part of dietetics and CAMHS joint interventions for children with autism and learning difficulties

Complex Nursing, Bereavement and Play

Play sessions with children and young people (CYP) at near end-of-life have been successful in enabling them to prepare for death and make memories with their family members. End-of-life care continues to support CYP's who wish to have their last days at home with their family. The Peaceful Death Initiative was implemented with all family members and pets as part of end-of-care

Post Bereavement Support is offered to parents and siblings in individual sessions. We continue to receive communication from parents who are appreciative of the pre- and post-bereavement support.

Clinical Psychology

Integrated intervention programmes together with other disciplines for parents of children aged under 6 years who have behavioural concerns that significantly impact on their daily lives. The offer aims to provide prompt intervention whilst referrals are on the diagnostic pathway waiting list

Beyond Behaviours consists of parent workshops to build secure attachments, understand the meaning of behaviours ,sensory modulation , emotional anxieties and the implementation of evidence-informed strategies as part of daily homebased routines.

Following parent and partnership feedback, amendments have been made to the programme. A further pilot took place in February-March 2022 and the offer continues to be integrated into the range of interventions available for young children pre-diagnosis in the future including Mindful mealtimes

The Clinical psychology service has worked through a quality improvement and transformation framework to review and remodel delivery models in order to offer prompter access and clinical input at the point of referral.

Speech and Language Therapy

Over the past year, the numbers of children requiring an appointment with Early Years speech and language therapy (EYSLT) has increased. To reduce this wait, the team is piloting a new approach in order to see all children more quickly with referrals directed into parent workshops and if there is insufficient information, a screening assessment is offered with modelled strategies and programmes. This means that we can see more families more quickly. No referral is rejected, and individualised support is offered which may include support from other services. Disrupting Exploitation is also an innovative and collaborative project between health, education, social care and The Children's Society to create an educational curriculum that aims to support young people with special educational needs

(primarily secondary aged) to understand what exploitation is, the associated risks and how to access support if young people find themselves in a situation where they are being exploited. The curriculum has been prepared and coproduced with young people. The pilot was launched at the start of 2022, with the aim of cascading nationally across schools, youth centers and mentoring services.

The video for parents who have recently received a diagnosis of autism is now online: https://www.beh-mht.nhs.uk/news/videos.htm

Videos for young people/adults (particularly those who may have SEN or have social vulnerabilities) to help understand the process of being taken into custody and also their rights and entitlements – these are going to be used nationally across England and Wales with the idea that all custody suites will have access to these. SLTs have worked with The Metropolitan police to advise on aspects of the script and video in order to make these more accessible to the young people the police may come across and/or who may find themselves getting on the wrong side of the law. The Met is keen for these to now be shared far and wide. You can access the videos by clicking the link to their You Tube channel below. The videos are titled:

- 1. A journey through police custody in England and Wales
- 2. Rights and Entitlements Police custody video

NCLCC Video Channel

The SLT mainstream service is delivering whole-school training in Developmental Language Disorder to Enfield schools – this is a 2-hour training package that covers prevalence, identification and how to support curriculum access in school. The clinical lead is also offering twilight workshops including resources for parents to learn about home-based strategies, sharpen skills and understanding including support for home and school life. Groups offered to parent/carers of children/young people diagnosed with developmental language disorder (DLD).

Small group of parent/carers online in early evening with clinical lead Speech and Language Therapist.

Supporting parent/carer's understanding of DLD and what it means for their child. Opportunity to meet others with a child with DLD.

For more information contact eleanor.leeser@nhs.net

Feedback We are keen to hear about your experience of our service. If you have already accessed the service and would like to provide feedback, you can do so by

contacting us directly on the telephone number above. We value the thoughts and views of families, children and young people or emailing

beh-tr.communitycypspor@nhs.net



Designated Clinical Officer: Sally Mordi

I have been working as a Speech and Language Therapist in Enfield since 2011. I started as interim Designated Clinical Officer (DCO) for two days a week (Monday/Tuesday) and this is now permanent. A DCO plays a key part in supporting joined up working between health services, local authorities and Parent/Carers I've enjoyed finding out more about the wider health services, beyond Speech and Language Therapy and working with a wide range of people in the local authority and the integrated care board (commissioners). The work plan for 2023 includes:

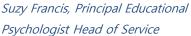
- Preparing For Adulthood included in updated health advice for EHCP
- Supporting audit of health advice for EHCP
- Developing health transition plan pilot for children in year 9 (14 years old) and above with an EHCP who have several health professionals involved
- Ensuring that information about pre-school children identified who have a disability or who may have special educational needs (section 23 notification) is highlighted to the Local Authority
- Implementing consistently goal-based outcome measures in children's Therapies
- Special educational needs and disability training for health staff
- Work with local SEND networks (e.g. SEND partnership board, autism partnership board, annual health check working group)

I can be contacted at sally.mordi@nhs.net.

Educational Psychology Service



Update from Suzy Francis, Enfield
Educational Psychology Service &
Schools Emotional Wellbeing Service





Dr Emma Gore Langton, Deputy Principal Educational Psychologist, Service Manager

EPS Update

Staffing:

We are delighted to be welcoming two new managers to the EPS, Dr Trudy Kearney and Dr Leylla Mulissa who will be taking up Senior Educational Psychologist roles towards the end of the summer term.

This past year the EPS has taken a proactive approach in managing the recruitment challenges in the context of increasing demands in the area of SEND. One strategy has been the expansion of the number of Assistant EPs the service employs. We now have 8 Assistant EPs. They are working in our schools, commissioned services (e.g. EASA and ECASS) and we are piloting an EP/Assistant EP model for our work with children who are the subject of EHC Needs Assessments. We are finding that this provides good opportunities for aspiring educational psychologist to gain essential experience before applying for a doctorate course and are pleased that two of our Assistant EPs will be starting an EP doctorate course in September.

We continue to seek qualified EPs through our recruitment campaigns and we are grateful for the time and invaluable perspective of parents/carers, provided by Khilna Gudhka from Our Voice, who is a regular member of our interview panel.

EPS Website:

The EPS has launched webpages on the Council website which we will continue to build on. There is a section for parents and carers and we welcome comments about our service - there is a 'Have Your Say on Our Service' link on the website. Link to website below:

https://www.enfield.gov.uk/educationalpsychologyservice

We also have developed a leaflet for parents and carers on 'What to Expect when an Educational Psychologist becomes involved with your Child at School'. https://www.enfield.gov.uk/ data/assets/pdf file/0025/24577/What-to-expect-EP-leaflet-Education.pdf

Updates:

We know that children's emotional health and wellbeing continues to be a top concern for families and the EPS is leading on various partnership and service level initiatives:

Trauma Informed Practice:

The EPS and our partners are continuing to roll out the Enfield Trauma Informed Practice in Schools and Settings (E-TIPSS) offer, with the goal of making sure that children's needs are always understood in the context of their experiences ('all behaviours make sense'!). 74 schools have now accessed the E-TIPSS programme. There are 22 E-TIPSS Champions across the Enfield local area and we are lucky to have Our Voice's Seema as an E-TIPSS Champion, representing the experiences of families with children with SEND.

Emotionally Based School Non-Attendance (EBSNA):

Working in partnership our Admissions, Education Welfare Service, EASA and other services, the EPS is supporting schools, partners services and parents/carers to develop their understanding and ability to support children and young people who find it difficult to consistently and positively engage in school. The EPS facilitates termly workshops for school staff and for parents and carers and is developing EBSNA local area guidance. Contact eps@enfield.gov.uk if you would like to attend future EBSNA workshops.

Autism:

In the Autism Partnership Group, we have been developing Enfield All Age Autism Strategy in partnership with services, schools, parents and carers and autistic people. We anticipate that it will be launched later in the summer term.

Our EPs continue to work in partnership with the multidisciplinary team in EASA, offering a range of evidenced based programmes to support wellbeing, self-awareness and skills for friendships. They also work to embed the Autism Education Trust Good Autism Practice Principles through assessment, intervention, training and support for schools delivered through EASA and the EPS more broadly.

EPS Telephone Support Line:

We continue to offer our popular telephone support line for parents and carers. Every parent and carer is very welcome to request a call with an Educational Psychologist to talk about any aspect of their child's learning or development, including home-based concerns. You can request a call <u>via this link</u> or by calling 0208 379 2000.

Enfield Advisory Service for Autism (EASA)



Update from Dr Rachel Walker, EASA Head of Service

The Enfield Advisory Service for Autism (EASA) is affiliated to Russet House School, a specialist autism school in Enfield, and is funded by Enfield Council. EASA exists to support all autistic children and young people (0-25yrs) in the borough of Enfield by providing the following:

- Autism-related advice and guidance to children and young people, families, educational settings and the local authority, in line with the Autism Education Trust's Good Autism Practice Principles.
- Training for children and young people, parents, carers, staff in educational settings and other professionals
- Targeted support for autistic children and young people, their peers and siblings
- Assistance with local authority statutory duties and crisis response for autistic children and young people

EASA's work is aligned with other Enfield SEND and Wellbeing initiatives:

- Enfield Trauma-Informed Practice in Settings and Schools (E-TIPSS)
- o Enfield Inclusion Charter
- Positive Behaviour Support (PBS)

EASA's support is not dependent upon a child or young person having a formal diagnosis of autism. Parents, Educational Setting Staff and young autistic people 18+ can self-refer.



Early Intervention Support Service

Update from Miriam McDonagh, Manager, Early Intervention Support Service

The Early Intervention Support Service (EISS) is part of the Joint Service for Disabled Children (JSDC). We are a team of specialist teachers, early years practitioners and keyworkers that collectively deliver early education and family support services to 0-3 age group within the JSDC. We work with the families of babies and young pre-school children where the child has been identified as having significant developmental needs and/or disabilities prior to their entry into a funded placement in an educational setting at age 2 or 3.

The service has two teams who work collaboratively:

- Early Support: A key-working service for families of children with very complex needs
- o Pre-School Support Team: An early education and family support service

We work with children with;

- o social communication needs, often prior to, and following a diagnosis of autism
- Down syndrome, other genetic syndromes, babies born extremely prematurely with medical needs and children without a diagnosis who are significantly globally delayed and under medical investigation.
- profound and multiple disabilities

Following an individual family assessment, developmental assessment and intervention takes place through a variety of contacts; at our specialist early learning groups, home visits, face-to-face meetings at other venues, telephone, video calls and virtual online meetings.

Achievements this year: We have;

- provided tailored interventions for almost 242 children during the year, offering early education and family support by specialist teachers, early years practitioners and keyworkers.
- worked flexibly to offer intervention in a blended way to best meet family and child's individual needs
- supported the multi-agency planning of transition of babies with complex medical and developmental needs from hospital to home, providing families with support and guidance in their earliest days.
- o inducted three new Specialist Early Years Practitioners to the team
- successfully supported 42 parents to apply for Disability Living Allowance on behalf of their child, impacting positively on family finances and in some cases acting as a qualifying benefit for 15 hours Terrific Two's funded placement
- supported parents to understand their options for early education, visiting schools and early years settings with them when required and assisting them to access information about the statutory assessment process.
- provided over 40 Statutory Advice reports to SEN Services to contribute to EHC assessment process
- expanded the number of groups available, offering every child on caseload intervention through a weekly place in a specialist early learning group at Cheviots Children's Centre where work focuses on school readiness and parental support.
- worked in close partnership with Enfield Advisory Service for Autism (EASA),
 where two of our specialist teachers are seconded to develop and extend autism services to both parents and educational settings in the early years
- Received very positive evaluation feedback from parents at the end of EISS intervention, for example, parents were asked 1) 'How confident do you feel to develop your child's skills and learning?'
 - Before intervention: 32% felt 'confident' or 'very confident'
 - After intervention: 100% felt 'confident' or 'very confident'
 - 2) Has your child has made progress as a result of EISS intervention?
 - o 100% 'agreed' or 'strongly agreed' their child had made progress
- Ensured 100% of children transferring from EISS to mainstream school nurseries in September 2022 had effective transition. Meetings between school, parents and other professionals were coordinated by EISS staff. Information and reports were shared, and parents had an opportunity to discuss their child's individual strengths and needs with school staff in advance of their entry into school.

Early Years SEND Team



Update from Julia Hide, Manager, EY SEND Team

The EY SEND team has colleagues from Health and Education and works alongside the SEN Service and School and Early Years Improvement Service. We support staff working in educational settings to include children from birth to 5 years old with SEND. We offer advice on adaptations to the learning environment, strategies to enhance development, support for setting SENCOs and other staff, support with understand the graduated approach including statutory processes and central and bespoke training on SEND.

Achievements this year

We have:

- Hosted 3 EY SENCO Forums giving updates on SEN, and other training session attended by 212 delegated
- Launched EY SEND Surgeries for settings to access multi-disciplinary advice around individual children
- Delivered EY SENCO training sessions for those new to the role or more experienced
- Carried out consultations linked to the needs of 405 children
- Worked with settings regarding an additional 290 general enquiries
- Launched an EY SEND Audit for use in settings
- Conducted a survey for EY settings, summary below:

Survey Question	Average Rating out of 5
How helpful is the input from EY SEND team?	4.66
How positive is the impact of the work on your practise?	4.46
What is the impact of the work on outcomes/progress for children?	4.28
How much did the advice impact on your work with parents?	4.32
How likely is it that you would consult the team again?	4.90

SEN Travel Brokerage Service



Update from Des, O'Donague Head of Brokerage, Contracts. Quality Assurance & Community Services







Liz Griffiths, Brokerage Operations Manager Marie Munford, Senior Travel Broker Alexandra Lopez, Travel Broker Desislava Ivanova, Travel Broker

The SEN Travel Brokerage service processes applications for travel assistance for children/young people to and from school/college. The service assesses each application to determine eligibility and, if the child/young person meets the criteria, an SEN Travel Broker will discuss with parent/carer the most appropriate mode of travel assistance depending on the needs of the child/young person and the family circumstances.

The Team duties include:

- Working with schools
- Working with professionals both internally and externally
- Offering a Personal Travel Budget (PTB)
- Arranging transition from school to college
- Reviewing existing travel assistance arrangements (Fleet Transport / PTBs)
- Making referrals for Independent Travel Training (ITT) to the travel trainers at West Lea School
- Checking school attendance for PTBs
- Monitoring PTB accounts

The following are the types of Personal Travel Budget (PTB) offered:

Mileage

Paid at 0.45pence per mile, 4 journeys a day. In addition, a one-off payment of up to £350 per annum towards the MOT/Car Service can be paid subject to a satisfactory invoice and management approval.

Cabs

Normally 2 journeys a day - usually only when the child is in the vehicle unless the return route is unreasonable, e.g. there are no reasonable public transport or walking options. Parents/carers provide a quote from a cab firm they are happy to use. Parents make their own arrangements to book cabs and escort or find an escort (if required).

• Breakfast and Afterschool clubs

For siblings and/or the child/young person.

Bus/Train Fares

For parent/carer to escort the child/young person to school/college.

• £75 Weekly Allowance (or pro rata depending on the number of days required)

Term time only. Parent decides the most suitable way to ensure their child/young person attends school/college.

Carer's Allowance

Payable to someone (found by parent) to accompany the child to school (not parent) at £18.32 per journey (minus deductions for tax/NI etc). Parent is registered with the council's payroll company, Care in Finance, who will send pay slips informing how much the carer should be paid once deductions have been taken for tax, NI, pension etc.

Dedicated school bus service

Where a dedicated bus service is provided by a school or an external provider to transport the child/young person to their setting.

Some of the above options can also be combined.

Since May 2022, the service has received 548 applications for travel assistance and completed 196 reviews.

This year we have visited some of the local SEN schools and SEN provisions within mainstream schools including Durants, West Lea, Fern House, Freshsteps, Highlands and Winchmore. A broker has also attended a coffee morning with parents at Russet House School.

As at 30/04/23 the number of children/young people in receipt of a Personal Travel Budget was 348 (comprising 330 accounts). The number of children/young people on a fleet transport service arranged by Enfield was 940.

The number of children/young people who have had independent travel training since 01/01/23 is 44. In April 2023, 8 young people completed ITT - 3 no longer require travel assistance and 5 can travel to their college placement (2 days a week) independently and will be fully independent to college in September which is fantastic news. ITT prepares our young people for life outside of school and college developing important life skills to prepare them as they move into adulthood.

The team is always on hand to answer any questions and can be reached at Travel.Assistance@Enfield.gov.uk

ENFIELD CAMHS SERVICE UPDATE

1. Our Services:

There are five core teams within the service, with further areas of additional provision:

The Generic & Neurodevelopmental CAMHS Team provides a comprehensive range of assessment and therapeutic interventions across the age range, for common emotional and behavioural difficulties, Autistic Spectrum Conditions and other neurodevelopmental conditions such as ADHD. It is the largest team with the highest volume of referrals.

The Service for Adolescents and Families in Enfield (SAFE) provides a comprehensive, rapid and flexible service for the most urgent and acute problems facing troubled adolescents, including self-harm and mental health crisis.

The Service for Children and Adolescents with Neuro-Developmental Disorders (SCAN) is a specialist team for children and young people with moderate to severe learning disabilities & neurodevelopmental disorders, coupled with mental health problems. The team works closely with special schools in Enfield.

The Health, Education, Access and Resource Team (HEART) offers a range of services to improve the emotional wellbeing of Enfield looked after children. This includes assessment and treatment for emotional difficulties, consultation for carers and professional staff, and support to therapeutic fostering services.

The Mental Health Support Team in Schools (MHST) is a pilot project funded by NHS England and Health Education England. Launched in October 2019, this collaborative project between Enfield CAMHS and LBE Educational Psychology aims to deliver three core functions: 1) Evidence-based interventions for mild to moderate mental health and emotional wellbeing concerns, 2) Support to senior mental health leads in schools to develop a whole-school approach to mental health and wellbeing, 3) Timely advice and signposting to schools.

Outside of these core teams, there is additional CAMHS provision in a range of other services including Youth Offending Service, Custody Liaison and Diversion, Family Assessment Centre, and Enfield Parent-Infant Psychotherapy Service.

2. Recent Developments:

 Outsourcing: North Central London (NCL) have commissioned a local specialist team to carry out assessments for children and young people waiting for autism and ADHD assessments, which also encompasses Healios https://healios.org.uk/ BEH CAMHST have also commissioned Psicon https://www.psicon.co.uk/child-family-services/

- A new website called NCL Waiting Room has recently been established, as an online resource for children and families. Enfield CAMHS has worked with the website developers and will continue to engage, providing feedback and updates.
- Enfield CAMHS, whilst having recruitment difficulties for some clinical professions, the service has reduced its vacancies and have been able to sustain the workforce with small numbers of staff leavers. We have also established supportive clinical roles, in order to help our clinical specialist clinicians focus on work with children and families.
- Enfield CAMHS has moved out of borough-based management structures, joining Haringey and Barnet in a Trust-wide CAMHS division.
- We continue to offer group approaches; provide some weekend and out of hours provision
- My Young Mind Enfield / Mental Health Support Team in Schools continue to expand, improving access to help in school communities for low to moderate mental health and neurodevelopmental concerns.

3. Crisis Support Contacts

A. 24/7 crisis helpline

Children, young people and families can call this number **0800 151 0023** at any time for urgent crisis support

B. Duty line for professionals

For any professionals to call where there are concerns about children and young people experiencing mental health related crisis and do not require medical input

- Mon-Fri 09:00 17:00 call Enfield CAMHS: **020 8702 4070**
- Mon-Fri 17:00 00:00, Sat-Sun 09:00 00:00 call NCL CAMHS Crisis Team: 020 3758
 2056

If suspicion of overdose and serious self-harm requiring urgent medical treatment A&E remains the recommended route