

Our Voice



# Positive Behaviour Support Webinar for parents and carers

Thursday 3<sup>rd</sup> December at 12.30 – 2 pm



This webinar, organised by Our Voice Parent/Carer Forum, is for all parents and carers of children and young people (0-25) with special needs and/or disabilities living in the Borough of Enfield.

**You can use a computer, tablet or smartphone to join this webinar, or you can phone in. The event is free but you must [pre-book here](#).**

This Webinar will look at how parent/carers can adapt and use Positive Behaviour Support to help you manage challenging behaviours at home during this exceptionally difficult time.

This year has been an exceptionally challenging one with changes happening at an unprecedented rate, and parents and children having to adapt rapidly. Of course, the challenges are especially intense for children with special needs, particularly those who find changes to routine difficult, and this will in turn be challenging for parents and carers.

Although as a parent of a child with challenging behaviours, you are probably already extremely skilled in many of the areas needed to get through this crisis, the necessary restrictions may have limited these strategies in many ways, and lots of parents will have experienced an escalation in behaviour that challenges during this period. As we go into the winter with inevitably poorer weather, and new sets of restrictions, challenges may well increase further.