

WHAT'S ON THIS SUMMER:

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- ENAS



What's On this summer?

31st July 2019

As the school holidays start, this update focuses on information about activities to help you enjoy the Summer with your children.

Please check with the individual venues before any activities.

'Local offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with SEND. It contains a section about [holidays](#) which has a list of organisations that provide specialist holidays or fund holidays for families with disabled children. There is also information about [short breaks](#), a list of [playschemes](#), and information regarding [sport and drama](#) activities including Leisure Centres, Cycling, Karate, Chickenshed and more.

More information is in the attached Enfield Children and Young Person's Service Guide for parents and carers on affordable activities. There is also information about [accessible changing facilities](#) in Enfield.

Holidays, Play and Leisure Guide

Contact, the charity for families with disabled children, has produced a free online guide '[Holidays, play and leisure](#)' with information on a range of different activities across the UK. Contact has also produced a set of [top tips](#) to make your summer as stress-free and fun as possible.

Holidays, play and leisure

A guide for families in England, Northern Ireland, Scotland and Wales



Thinking of visiting a new venue?

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of over thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages.



Inclusive football

The Tottenham Hotspur Foundation is running inclusive football sessions for children and young people aged 5 to 11 and 12 to - 16, this summer. The sessions will take place at the New River Sports Centre, on Tuesdays 6th, 13th, 20th and 27th August. For more details including booking information, please see the **attached flyer**.

Zebras recreation fund

Zebras Children and Adults Charity are now accepting applications for their [Zebras Recreation Fund](#). The project aims to provide funding grants to applicants for recreational activities in their leisure time and allows families to choose an activity they enjoy.

Trampolining SEND sessions Sundays 9 -10 am

Don't forget our weekly trampolining session takes place every Sunday morning at Jump In from 9 am to 10 am. This is a relaxed session with the party lights switched off, and noise levels reduced.

These sessions have been organised by Our Voice in conjunction with ENAS and are open to any child with SEND, and their siblings. A section will be cordoned off and set aside for children with PMLD / complex needs.



The cost is £5 per child (siblings are welcome at the same price). Carers go free and will be expected to supervise their children and, where appropriate, to lift children on and off trampolines as required.

The sessions will take place **each Sunday morning 9 – 10 am at Jump In**, 22 Lumina Park, Lumina Way, Enfield, EN1 1FS. Bookings can be made online [here](#) (select Enfield and chose the date you want).

More details are on the attached flyer.



Trackplay event

Track play are running an event at Forty Hall school on Wednesday 14th August. Children get the opportunity to play with a giant layout of trains and tracks.

There are three 90 – minute sessions with places available at 11.40 am 1.20. pm and 3 pm. Please note that these are general sessions open to the public (not exclusive sessions like the one we ran at Easter. For full details and to book, see the [Trackplay website](#).

Museums and other venues

Many museums run sessions specifically for children with SEND, particularly for those with Autism and other sensory impairments. See the autism section on page 4- 5 of this guide.

Relaxed prom at the Albert Hall

There will be a relaxed Prom at the Albert Hall on Tuesday 6th August from 11.30 am until approximately 12.45 pm (no interval) The programme of Russian classics will be performed in a relaxed environment suitable for children and adults with autism, sensory and communication impairments and learning disabilities, as well as individuals who are Deaf, hard-of-hearing, blind and partially sighted. There is a relaxed attitude to movement and noise in the auditorium, plus 'chill-out' spaces outside the auditorium. You can move about, dance, sing or just listen. The Relaxed Prom features audio description and British Sign Language interpretation. For more information and to book tickets see the [website](#).

Autism-friendly cinema

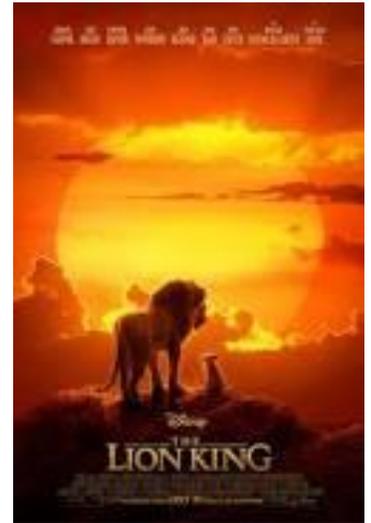
See [here](#) for information about the adjustments made in Autism-friendly cinema sessions.

Enfield Cineworld

Enfield Cineworld has an autism friendly screening of The Lion King at 11 am on **Sunday 4th August**. Full details [here](#).

Odeon Luxe Lee Valley

One Sunday a month, ODEON host a sensory-friendly screening designed to be an inclusive and welcoming environment for people with sensory sensitivities and their loved ones. Their next session will be a screening of The Lion King on **Sunday 28th July** at 10:15 am. Tickets will be on sale from Tuesday 23rd July [here](#).



Don't forget you can use your [CEA card](#) to receive a complimentary ticket to accompany your child/young person to visit a participating cinema (including Cineworld and Odeon).

Autism Holiday playscheme

A flyer for 'Abundant Living With Autism' featuring a photo of a smiling child with paint on their face. The text includes: 'SUMMER HOLIDAY PLAY SCHEME - Fun filled activity sessions for children aged 8-13 yrs with Autism: Outdoor play, arts, games, cooking, sensory play and much more.. £55 Per day Wednesday 24 July - Friday 16 August 2019 10am-3pm'. It also provides contact information: 'www.abundantlivingwithautism.org.uk info@abundantlivingwithautism.org.uk' and the location: 'RUSSET HOUSE SCHOOL 11 AUTUMN CLOSE EN1 4JA'. A red box says 'Book NOW to avoid disappointment!'.

Booking is open for this holiday playscheme for children aged 8-13 with autism. Please book directly with the scheme

Autism in Museums

The [Autism in museums](#) website has details of a wide range of events open to children with Autism and other Special Educational Needs. Local events include:

[London Transport museum early morning session](#) on 27th July (8.30 to 10.30). Advanced booking is essential as places are limited. Please call 020 7565 7298 to book your place. Children and young people under 18 go free; adults charged [general admission](#) rate.

[V&A Museum Christian Dior exhibition quiet morning](#) takes place on Saturday 3rd August 8.30 to 10.30 pm. This is an opportunity to enjoy the exhibition at a quieter time. This is a free event exclusively for disabled people with a sensory impairment with their family and friends Booking is essential. Telephone [020 7942 2000](#)

[British Library relaxed early opening for families](#) takes place 9 am – 11 am on Saturday 11th August. This free event is for families with children aged 5 – 15 years on the autism spectrum and other sensory needs. Explore the exhibition [Writing: Making Your Mark](#) and take part in a hands-on workshop in the Learning Centre. A dedicated sensory room will also be available for children needing a quieter and calmer space. All visitors to this special early opening will receive a visual story in advance to provide an idea of what to expect on arrival. The Library opens to the general public at 11.00 am. For more information please e-mail outreach@bl.uk or call 0207 412 7797

[Tower Bridge Autism-friendly early opening](#) takes place on Saturday 17th August (and other dates after the school holidays) for children with autism and other needs and their families. You can take part in family craft activities or a family trail. Places should be pre-booked, and prices range from free to £8.70. You can select an entry time between 9.15 am and 9.45 am and remain inside as long as you wish.

[Hampton Court 'Rise and Roar' quiet session](#) 9 am on Sunday 18th August 9 am – 10.30 am for children with Autism or other sensory needs and their families. An opportunity to enjoy the magical children's playground free from crowds. Tickets must be bought in advance. See website and [here](#) for more information.

Enfield NAS (ENAS)

Enfield National Autism Society (ENAS) has a programme of events throughout the year, including several during the summer holidays. For details and how to join see the [ENAS website](#).

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone 07516 662315

Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk



If you no longer wish to receive these emails, and/or would like us to remove your details from our database, please email us and we will remove your details from our mailing list and/or database.