



What's On this October half term?

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Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the holidays in (or close) to the Enfield area.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.



We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

‘Local Offer’ information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about [‘Short Breaks’](#)

More information is in the attached [Enfield Children and Young Person’s Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible changing facilities](#).

General guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child’s anxieties over an unfamiliar environment, the relevant information isn’t always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this is on the Our Voice website [here](#) (and will also be added to the Local Offer shortly).

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage [‘Short Breaks’](#) in Enfield.



www.enfield.gov.uk



Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their events and activities this autumn see the Chickenshed events page [here](#).

Tales from the Shed are vibrant, inclusive theatre shows that are perfect for young children. They are informal, lively and amazingly engaging as the performers and audience share the same space.

Every carefully planned show incorporates educational songs, movement and language games, which help promote brain development and early learning in young children.



Shows are taking place on **Saturday 22nd, Mon 24th, Tue 25th & Wed 26th October at 10am & 11.30am**

Running time: 50mins Ages: 0-6yrs Tickets: Adults & Children £7 | Free to babies under 6mths

Pumpkin Carving Session at Zebras

Zebras children and adults' charity are offering a free pumpkin carving session for children with SEND and their siblings on Saturday 29th October 10 am – 4 pm, at the Zebras Hub in Lancaster Road Enfield.

Contact Harry Office Manager at zebrascharityom@outlook.com or telephone 0203 441 1764 for more details and to book your place. Please include in your booking how many children and adults will be attending on the day, as well as your contact details.

FREE Pumpkin carving!



Sensory play for under 5s

'Squish space' is a sensory play space at the Barbican for children aged 5 and under, and their families.

For more details and to pre-book your free space, see the website [here](#). Tickets are currently available from Wednesday 26th to Sunday 30th October 10 am to 3 pm. Places are limited and pre-booking is recommended.

For any questions, contact Creative.learning@barbican.org.uk



Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

To find audio described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

There are no Autism friendly screenings planned for this half-term. Keep an eye on the [Dimensions website](#) for details of Autism-friendly showings coming up.



Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every **Sunday 9 – 10 am** (exclusive SEN session) or **Wednesday 5-6 pm** (not exclusive for SEN)

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £8.50 per child (siblings welcome at same price) and carers go free.

You must pre-book your place. |



Every Sunday
9 - 10 am or
Wednesday 5 - 6 pm
(not exclusive for
SEN)

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS
Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Relaxed sessions are designed specifically for children with additional needs and their families. Music is turned down, the party lights are turned off and a quiet space is set aside for anyone needing some time out.

You will need to fill in a waiver form online, and your child will need to have watched the safety video online before the session. Links are provided as part of the booking process

Trampolining relaxed sessions

During the Half-term holidays SEND sessions will be running on Sundays only (normally also on Wednesdays). See our flyer below and the Jump In website [here](#) for more information and booking.

All-ability cycling

Drop-in, all-ability cycling sessions take place at Bush Hill Park every Monday from 10 am to 3 pm. The sessions are designed for people from age 5 upwards with learning, physical and/or sensory disabilities to enjoy cycling on a range of adapted cycles, including single/tandem tricycles, side-by-side cycles for two or more people, wheelchair platform cycles and go-kart style recumbent cycles. After being shown how to use the cycles by the friendly volunteers and staff, attendees are free to cycle around the park or green space with their friends, family or carer. Please note that one-to-one support is not available, but parents and carers are encouraged to ride alongside the people they are supporting. As sessions are popular and there are only a limited number of bikes (particularly those suitable for children) you may have to wait for the bike that you want to use to become available. If possible, you may prefer to visit in the afternoon which is normally quieter. Full details at <https://www.bikeworks.org.uk/all-ability-clubs/>
If you have any questions, please email all.ability@bikeworks.org.uk



Swimming sessions



Edmonton Leisure Centre offer Disability Friendly Family Swimming sessions every Sunday from 11 am to 12 pm.

The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself).

Further details are available [here](#).

Fusion Lifestyle advise pre-booking your spaces beforehand to avoid disappointment as there is limited capacity. You can find the booking under 'Lane & General Swimming' on the Fusion Lifestyle app, which you can download via <https://download.mobilepro.uk.com/a/55U2?p=6>.

Please note - these are NOT swimming LESSONS but are swimming sessions that the whole family can use to swim with the young person with disabilities.

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

Teenagers and Youth clubs for age 11+

SEND Youth club

The SEND Youth Club at Bell Lane Youth Centre (Enfield EN3 5PA) will continue as usual during the half-term.

This is a free Youth Club, exclusively for young people with SEND aged 11 and over. It runs from 6.30 to 8.30 pm every Tuesday evening.

There are a range of fun activities, sports and workshops covering topics like personal safety and healthy relationships as well as developing life skills.



To book a place go to the Youth Enfield website [here](#) and on the 'filter by activities' select SEND – you will then see the booking link for this club.

Before your child attends you will need to register [here](#) – you will need to wait for a confirmation email before you are able to book (this may take 24 hours). There is a box for additional information and medical needs which you should use to let them know about your child/young person's additional needs.

ECYPS Teenscheme

Holiday scheme for teenagers (from 11, up to 19 with SEND) Monday 24th and Tuesday 25th Oct plus Thursday 27th trip to Thorpe Park. Book using [this link](#).



ECYPS
TEENScheme
CHILDREN & YOUNG PERSONS SERVICES

OCT HALF TERM Check Out Our Upcoming Events this half term

11-17yrs

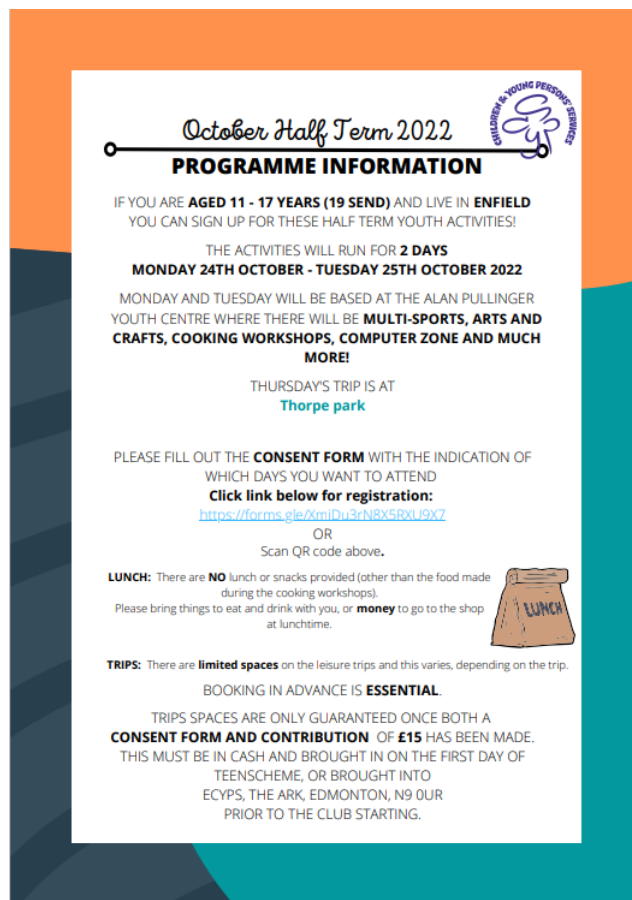
Oct 24 Teenscheme
Come & join the super fun activities such as creative art, make-up session, cooking fun, basketball, team games & many more...

Oct 25 Teenscheme
It's youth time! Various activities will build strong social life skill and creativity. 10am-3pm

Oct 27 Thorpe Park
Come & join the super fun activities

For more information:
email: teenschemeecyps@gmail.com
mobile: 07533914575 (text only)

Scan the QR code for bookings



October Half Term 2022
PROGRAMME INFORMATION
CHILDREN & YOUNG PERSONS SERVICES

IF YOU ARE AGED 11 - 17 YEARS (19 SEND) AND LIVE IN ENFIELD YOU CAN SIGN UP FOR THESE HALF TERM YOUTH ACTIVITIES!


THE ACTIVITIES WILL RUN FOR 2 DAYS
MONDAY 24TH OCTOBER - TUESDAY 25TH OCTOBER 2022

MONDAY AND TUESDAY WILL BE BASED AT THE ALAN PULLINGER YOUTH CENTRE WHERE THERE WILL BE **MULTI-SPORTS, ARTS AND CRAFTS, COOKING WORKSHOPS, COMPUTER ZONE AND MUCH MORE!**

THURSDAY'S TRIP IS AT
Thorpe park

PLEASE FILL OUT THE **CONSENT FORM** WITH THE INDICATION OF WHICH DAYS YOU WANT TO ATTEND
Click link below for registration:
<https://forms.gle/XmiDu3rN8X5FXU9X7>
OR
Scan QR code above.

LUNCH: There are **NO** lunch or snacks provided (other than the food made during the cooking workshops).
Please bring things to eat and drink with you, or **money** to go to the shop at lunchtime.



TRIPS: There are **limited spaces** on the leisure trips and this varies, depending on the trip.
BOOKING IN ADVANCE IS **ESSENTIAL**.

TRIPS SPACES ARE ONLY GUARANTEED ONCE BOTH A **CONSENT FORM AND CONTRIBUTION OF £15** HAS BEEN MADE. THIS MUST BE IN CASH AND BROUGHT IN ON THE FIRST DAY OF TEENScheme, OR BROUGHT INTO ECYPS, THE ARK, EDMONTON, N9 0UR PRIOR TO THE CLUB STARTING.

Museums

Sensory Friendly events at the Science Museum

The Science Museum runs a series of sensory -friendly accessible events for families with members who benefit from avoiding the noise and crowding when the Museum is open to the general public. See [here](#) for more information.



Their Early Birds sessions take place on selected Saturdays and Sundays throughout the year, with the museum being opened exclusively before or after hours with adjusted operations and lowered noise levels on exhibits wherever possible. There will be a selection of fun activities and quiet areas for those needing to take a break. The events are free (but must be pre-booked) and are suitable for families with children aged 4 – 15 (siblings welcome to attend). The next session will be on Saturday 22nd October from 6.30 pm to 9.30 pm. More information and booking [here](#).

General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#). including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)

Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#). The Natural History Museum in South Kensington is not running any relaxed sessions during the holidays. However, any disabled children/young people and their accompanying family members and personal carers can jump the queues to enter the museum – please approach a member of staff on arrival.

Alternatively their ‘Dawnosaurus’ programme has an online section at [Dawnosaurus Online | Natural History Museum \(nhm.ac.uk\)](#)

The **London Transport Museum** will be running a relaxed SEND session on Sunday 29th October, from 8.30 – 10 am, as part of their series of SEND events throughout the year.

These sessions are for families with Special Educational Needs including ASD. The museum will open outside regular time slots on these days so that families can enjoy the museum at a quieter time, with many of the museum’s sounds switched off and free from the general public.

Advance booking is essential for these sessions as places are limited. Children and young people under 18 and carers go free, other adults are charged at the [general admission](#) rates.

This [Social story](#) may be useful for preparing your child/ren/young person for their visit.

For details see <https://www.ltmuseum.co.uk/whats-on/family-send-explorer-events> and to book see [here](#).

Zoos



London Zoo has a programme of inclusive activities – see [here](#)

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues.

During half-term they will have three events for individuals with additional needs:

Relaxed opening tour on Wednesday 26th October 8.30 to 10 am (before the Zoo opens to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. A disability concession ticket entitles the holder to a free companion or carer place with each ticket. Information and details of how to book [here](#).

Audio Described Tour on Wednesday 26th October at 11 am – see here for [details](#) and information on how to book. This 2-hour tour of the Zoo uses Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.

British Sign Language Day on Tuesday 25th October - see more information [here](#). There will be two, 2-hour, tours - delivered in British Sign Language - exploring different areas of the zoo, starting at **11.15 am** in the morning, and **2.15 pm** in the afternoon. The presentations are delivered by deaf presenter John Wilson and will help you learn more about the animals at London Zoo and ZSL's global conservation work.

Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

Relaxed openings take place on the last Sunday of each month from 9 – 10 am. The next one is **Sunday 30th October** - see [here](#) to book

Paradise Park's accessibility page is at [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:
Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk
Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoiceenfield/>

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