



What's On at Easter 2023?

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Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the holidays in (or close) to the Enfield area as well as some days out in London and nearby.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.



Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

'Local Offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about ['Short Breaks'](#)

More information is in the attached [Enfield Children and Young Person's Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible toilets and changing facilities](#).

General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this is on Local Offer [here](#) (entitled Holiday Play and Leisure activities booklet) along with additional information about playschemes and after-school clubs.

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage ['Short Breaks'](#) in Enfield.



www.enfield.gov.uk



The HAF Programme



The HAF Programme is generally open to any children who qualify for free school meals and provides free activities and meals during the school holidays. Details [here](#).

It is not a SEND-specific programme, and only a very limited number of activities are described as suitable for children with disabilities.

However, it is possible to add a filter to show activities 'suitable for those with a disability'. To do this, go to the website, click the 'Find Activity' button, click 'show filters' and on the 'about the activity' drop-down menu you will see a box marked 'suitable for those with a disability'. There are currently two options available for this Easter break - Music, Media and

Hairdressing programmes, and Dancing and physical fitness. Both of these are 11th – 14th April (10 am to 2 pm for ages 8-16 and are inclusive of those with mental health needs, at 34 Market Parade, N9 OTZ – contact northside_youth@live.co.uk

Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their current events and activities see the Chickenshed events page [here](#).

Venue: Chickenshed, Chase Side, Southgate, N14 4PE, UK

Easter Bunny Tales



Tales from the Shed are back with a special show aimed at children aged 0-6 years. Shows take place 11th – 15th April at 10 am and 11.30 am (just 11.30 am on Friday) and last for 40 minutes. £7 for adults and children (free to babies under 6 months).

Details and booking [here](#).

Easter Planet Play

This special Easter-themed, fun and interactive sensory session is aimed at babies and toddlers aged 0-3 years and will take place on Friday 14th April at 10 am. Adults £9, babies and children free. More information [here](#).



Trackplay



Although there are no SEND-specific Trackplay sessions coming up in the Enfield area, Trackplay will be running open sessions (not SEND-specific) on Thursday 13th April at Forty Hill Primary school.

These 90-minute play sessions are very popular with many of our young members.

These events are great fun for children who love trains. Please note that these are general sessions open to the public, so they may be relatively noisy.

Full details and booking links [here](#).

Trampolining relaxed sessions

During the Easter holidays, SEND sessions will be running on Sunday 2nd, and 16th April (not 9th). See our flyer (on the left) and the Jump In website [here](#) for more information and booking.



Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every **Sunday 9 – 10 am** (exclusive SEN session).

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £9.95 per child (siblings welcome at the same price) and carers go free.

You must pre-book your place.



Every Sunday
9 - 10 am

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS

Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Relaxed sessions are designed specifically for children with additional needs and their families. Music is turned down, the party lights are turned off and a quiet space is set aside for anyone needing some time out.

You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.

Swimming sessions



Edmonton Leisure Centre offer Disability-Friendly Family Swimming sessions every Sunday from 11 am to 12 pm. The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself).

Further details are available [here](#).

Fusion Lifestyle advise pre-booking your spaces beforehand to avoid disappointment as there is limited capacity. You can find the booking under 'Lane & General Swimming' on the Fusion Lifestyle app, which you can download via <https://download.mobilepro.uk.com/a/55U2?p=6>.

Please note - these are NOT swimming LESSONS but are swimming sessions that the whole family can use to swim with the young person with disabilities.

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

To find audio-described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.



The next relaxed session at Cineworld during the Easter holidays will be a showing of 'Dungeons and Dragons: Honour Among Thieves' (certificate 12A) at 11 am on Saturday 1st April. See [here](#) for details and to book.

Keep an eye on the [Dimensions website](#) for details of other Autism-friendly showings coming up.

Sensory play for under 5s

'Squish space' is a sensory play space at the Barbican for children aged 5 and under, and their families. Sessions take place on selected days from 10 am to 2 or 3 pm.

For more details and to pre-book your free space, see the website [here](#). Places are limited and pre-booking is essential.

For any questions, contact Creative.learning@barbican.org.uk



Zebras Easter Arts and Crafts session



Zebras Children and Adults Charity will be holding a free Easter Arts and Crafts event at their Enfield Hub (59b Lancaster Road, Enfield, EN2 0BU) on Saturday 8th April, for SEND Children and their families.

This is a popular event and spaces are limited so booking is essential
Email Harry at zebrascharityom@outlook.com for booking and info.

Every child will receive a free Easter egg.

SEND Youth Club for ages 11+



The SEND Youth Club at Bell Lane Youth Centre (Enfield EN3 5PA) continues as usual during the school holidays.

This is a free Youth Club, exclusively for young people with SEND aged 11 and over. It runs from 6.30 to 8.30 pm every Tuesday evening.

There are a range of fun activities, sports and workshops covering topics like personal safety and healthy relationships as well as developing life skills.

To book a place go to the Youth Enfield website [here](#) and on the 'filter by activities' select SEND – you will then see the booking link for this club.

Before your child attends you will need to register [here](#) – you will need to wait for a confirmation email before you are able to book (this may take 24 hours). There is a box for additional information and medical needs which you should use to let them know about your child/young person's additional needs.



Siblings

Enfield Carers Centre has a programme of support for [young carers](#) including the brothers and sisters of children with additional needs. You can see more about the programme [here](#), including activities during term time and other support available, and there is a brochure with more information on the main activities [here](#).

During the Easter holidays, they have an Easter Egg Hunt and activities for all ages, which will take place on Wednesday 12th April, 1-5 pm details [here](#).

You will need to register them using the form on [this page](#) first, and then book the session.

Museums and London landmarks

The 'Autism in Museums' website has a useful calendar of relaxed and sensory-friendly/autism-friendly events [here](#).

Post Early – relaxed event at the Postal Museum



The Postal Museum has a Relaxed event on 3rd April from 10 am to 5 pm (£3.50 per person – 1 accompanying companion or carer included in the admission fee). This event has been co-produced with Ambitious about Autism and a group of their autistic Youth patrons, and is suitable for autistic and neurodiverse people and their families, and anyone who would benefit from visiting the museum when it is quieter.

Tickets must be pre-booked. See details [here](#).

The Tower Bridge Experience

The **Tower Bridge Experience** runs relaxed sessions once a month – the next one will be on Saturday 15th April with various sessions available to book between 9.30 and 11.30. For more information including booking arrangements see [here](#).



Relaxed early morning visit to the 'Exploring the Islamic world' exhibition at the British Museum

There will be a relaxed, free family session (aimed at 5-15-year-olds) at the British Museum's 'Exploring the Islamic World' exhibition' from 8 – 10 am on Saturday 1st April – details and booking [here](#). The session is aimed at children and adults who are autistic, learning disabled, or have mental health conditions. Selected parts of the museum will be open for 2 hours before the museum opens to the public, allowing visitors to explore the galleries whilst they are quieter, and take part in sensory-based activities including object handling and arts and crafts, and a creative drop-in workshop led by Iqra Babar, 'an Autistic ADHDer, Muslim and Pakistani digital artist and neurodivergent advocate'. Advance booking required.

Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#). The Natural History Museum in South Kensington is not running any relaxed sessions during the holidays. However, any disabled children/young people and their accompanying family members and personal carers can jump the queues to enter the museum – please approach a member of staff on arrival. Alternatively, their 'Dawnosaurus' programme has an online section at [Dawnosaurus Online | Natural History Museum \(nhm.ac.uk\)](#)

The Science Museum

General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#). including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)

The London Transport Museum

The London Transport Museum are not running any SEND-specific events over the Easter holidays. However, they do provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. More information including general accessibility information on their website [here](#). as well as a [Social story](#) which may be useful for preparing your child/ren/young person for their visit.

Zoos

London Zoo has a programme of inclusive activities – see [here](#).

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues. During the Easter holiday they will have three events for individuals with additional needs:

Relaxed early opening tour on Wednesday 5th April 8.30 to 10 am (before the Zoo opens to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. A disability concession ticket entitles the holder to a free companion or carer place with each ticket. Information and details of how to book [here](#).



Audio Described Tour on Wednesday 5th April at 11 am – see [here](#) for [details](#) and information on how to book. This 2-hour tour of the Zoo uses Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.

British Sign Language Day on Wednesday 5th April - see more information [here](#). There will be two, 2-hour, tours - delivered in British Sign Language - exploring different areas of the zoo, starting at **11.15 am** in the morning, and **2.15 pm** in the afternoon. The presentations are delivered by deaf presenter John Wilson and will help you learn more about the animals at London Zoo and ZSL's global conservation work



Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues. There are no relaxed openings during Easter - the next ones will be Sunday 26th March and Sunday 30th April - see [here](#) for details and to book

Paradise Park's accessibility page (including information about discounted tickets) is at [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoicenfield.org.uk

Website: www.ourvoicenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoicenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoicenfield/>



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