



What's On at May Half-term 2023?



In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the holidays in (or close) to the Enfield area as well as some days out in London and nearby.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

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‘Local Offer’ information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about [‘Short Breaks’](#)

More information is in the attached [Enfield Children and Young Person’s Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible toilets and changing facilities](#).

General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child’s anxieties over an unfamiliar environment, the relevant information isn’t always easy to find. The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

- o London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)
- o Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>
- o Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this is on Local Offer [here](#) (entitled Holiday Play and Leisure activities booklet) along with additional information about playschemes and after-school clubs.

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage [‘Short Breaks’](#) in Enfield.



Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their current events and activities see the Chickenshed events page [here](#).

Venue: **Chickenshed**, Chase Side, Southgate, N14 4PE, UK

Tales from the Summer Shed

Tales from the Shed are inclusive theatre shows with aimed at children aged 0-6 years. Shows take place from April to July including Saturdays 27th May and 3rd June. Shows are at 10 am and 11.30 and last for 40 minutes. £7 for adults and children (free to babies under 6 months). Details and booking [here](#).



Planet Play Summer Season

These fun and interactive sensory sessions are aimed at babies and toddlers aged 0-3 years and will take place from April to July including on Friday 2nd June at 10 am. Adults £9, babies and children free. More information [here](#)

South Bank Centre

The Gruffalo

The South Bank Centre will have performances of the Gruffalo during half term (1st – 4th June) including:

- BSL interpreted performances on Saturday 3rd June at 2 pm and Sunday 4th June at 11 am – to book tickets for BSL interpretation please call the box office on 020 3879 9555 or email accesslist@southbankcentre.co.uk
- Audio described performance on Sunday 4th June at 2 pm. A touch tour is also available to ticket holders for this show, at 1 pm.
- A relaxed/sensory adapted performance on Sunday 4th June at 11 am for children with sensory sensitivities, Autistic children, and those with learning difficulties or other sensory or communication needs.



Tickets are £22 for adults and £16 for children (25% discount for concessions) plus £3.50 booking fee. More information and booking [here](#).

toooB



toooB will be running at the South Bank Centre from 31st May to 4th June The shows are relaxed performances aimed at children aged 6-24 months, and last for 25 minutes followed by a 20-minute stay-and-play session.

Tickets are £12 for adults and £9 for children. More information and booking [here](#).

Trampolining relaxed sessions

During the Half term holidays, SEND sessions will be running on Sunday 28th May and Sunday 4th June. See our flyer (on the left) and the Jump In website [here](#) for more information and booking.



Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every **Sunday 9 – 10 am** (exclusive SEN session).

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £9.95 per child (siblings welcome at the same price) and carers go free.

You must pre-book your place.



Every Sunday
9 - 10 am

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS

Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Relaxed sessions are designed specifically for children with additional needs and their families. Music is turned **down**, the party lights are turned off and a quiet space is set aside for anyone needing some time out.

You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.

Swimming sessions



Edmonton Leisure Centre offer Disability-Friendly Family Swimming sessions every Sunday from 11 am to 12 pm. The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself).

Further details are available [here](#).

Fusion Lifestyle advise pre-booking your spaces beforehand to avoid disappointment as there is limited capacity. You can find the booking under 'Lane & General Swimming' on the Fusion Lifestyle app, which you can download via <https://download.mobilepro.uk.com/a/55U2?p=6>.

Please note - these are NOT swimming LESSONS but are swimming sessions that the whole family can use to swim with the young person with disabilities.

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.



To find audio-described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

The next relaxed session at Cineworld during the half-term holiday will be a showing of the new 'The Little Mermaid' on Saturday 3rd June at 11 am (certificate 12A) at 11 am. See [here](#) for details and to book.

Keep an eye on the [Dimensions website](#) for details of other Autism-friendly showings coming up.

Sensory play for under 5s

'Squish space' is a sensory play space at the Barbican for children aged 5 and under and their families. Sessions take place on selected days from 10 am to 2 or 3 pm.

For more details and to pre-book your free space, see the website [here](#). Places are limited and pre-booking is essential.

For any questions, contact Creative.learning@barbican.org.uk



Trackplay



Although there are no SEND-specific Trackplay sessions coming up in the Enfield area, Trackplay will be running open sessions (not SEND-specific) on Wednesday 31st May at Forty Hill Primary School.

These 90-minute play sessions are very popular with many of our young members.

These events are great fun for children who love trains. Please note that these are general sessions open to the public, so they may be relatively noisy.

Full details and booking links [here](#).

Siblings

Enfield Carers Centre has a programme of support for [young carers](#) including the brothers and sisters of children with additional needs. You can see more about the programme [here](#), including activities during term time and other support available, and there is a brochure with more information on the main activities [here](#) and you can see information about past trips and activities during the holidays [here](#).

During the May half term they will be running a trip to Hampstead Heath – see the booklet [here](#).

For your child to join any of these events, phone the ECC on 0208 3663677 or 07809332106. You will need to register them using the form on [this page](#) first, and then book the session.

Teenagers and 11+

SEND Youth Club for ages 11+

The SEND Youth Club at Bell Lane Youth Centre (Enfield EN3 5PA) continues as usual during the school holidays.

This is a free Youth Club, exclusively for young people with SEND aged 11 and over. It runs from 6.30 to 8.30 pm every Tuesday evening.

There are a range of fun activities, sports and workshops covering topics like personal safety and healthy relationships as well as developing life skills.

To book a place go to the Youth Enfield website [here](#) and on the 'filter by activities' select SEND – you will then see the booking link for this club.

Before your child attends you will need to register [here](#) – you will need to wait for a confirmation email before you are able to book (this may take 24 hours). There is a box for additional information and medical needs which you should use to let them know about your child/young person's additional needs.



Come and join us...

SEND Youth Centre

Healthy relationship workshops | Personal safety | Support to develop life skills | Sports sessions

We welcome children and young people with a wide range of differences and we typically have a staff to young person ratio of 1:5

BELL LANE YOUTH CENTRE, EN3 5PA

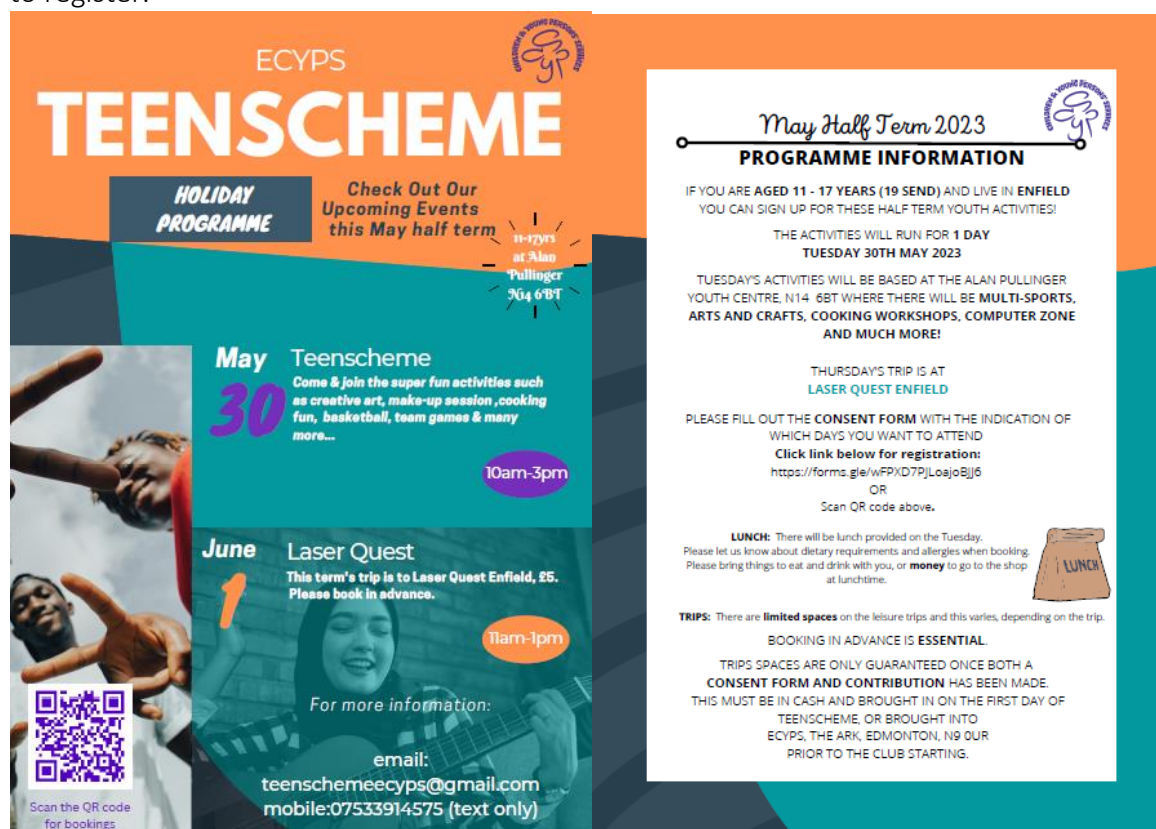
EVERY TUESDAY
6.30pm - 8.30pm

Sign up online today
to register your interest please see website below
www.youthenfield.taptub.co.uk

Youth Enfield
ENFIELD Council

ECYPS Teenscheme

The ECYPS Teenscheme is for young people aged 11 – 19 (17 for those without additional needs). See the flyer below for more information about the May half-term programme and click [here](#) or scan the QR code to register.



ECYPS
TEENScheme

HOLIDAY PROGRAMME
Check Out Our Upcoming Events this May half term
11-17YRS at Alan Pullinger N14 6BT

May Teenscheme
Come & join the super fun activities such as creative art, make-up session, cooking fun, basketball, team games & many more...
10am-3pm

June Laser Quest
This term's trip is to Laser Quest Enfield, £5. Please book in advance.
11am-1pm

For more information:
email: teenschemeecyps@gmail.com
mobile: 07533914575 (text only)

Scan the QR code for bookings

May Half Term 2023
PROGRAMME INFORMATION

IF YOU ARE AGED 11 - 17 YEARS (19 SEND) AND LIVE IN ENFIELD YOU CAN SIGN UP FOR THESE HALF TERM YOUTH ACTIVITIES!

THE ACTIVITIES WILL RUN FOR 1 DAY
TUESDAY 30TH MAY 2023

TUESDAYS ACTIVITIES WILL BE BASED AT THE ALAN PULLINGER YOUTH CENTRE, N14 6BT WHERE THERE WILL BE **MULTI-SPORTS, ARTS AND CRAFTS, COOKING WORKSHOPS, COMPUTER ZONE AND MUCH MORE!**

THURSDAYS TRIP IS AT
LASER QUEST ENFIELD

PLEASE FILL OUT THE **CONSENT FORM** WITH THE INDICATION OF WHICH DAYS YOU WANT TO ATTEND
Click link below for registration:
<https://forms.gle/wFPX7PjL0aJoBjJ6>
OR
Scan QR code above.

LUNCH: There will be lunch provided on the Tuesday. Please let us know about dietary requirements and allergies when booking. Please bring things to eat and drink with you, or **money** to go to the shop at lunchtime.

TRIPS: There are **limited spaces** on the leisure trips and this varies, depending on the trip.
BOOKING IN ADVANCE IS ESSENTIAL.
TRIPS SPACES ARE ONLY GUARANTEED ONCE BOTH A **CONSENT FORM AND CONTRIBUTION** HAS BEEN MADE. THIS MUST BE IN CASH AND BROUGHT IN ON THE FIRST DAY OF TEENScheme, OR BROUGHT INTO ECYPS, THE ARK, EDMONTON, N9 OUR PRIOR TO THE CLUB STARTING.

Museums and London landmarks

The 'Autism in Museums' website has a useful calendar of relaxed and sensory-friendly/autism-friendly events [here](#).

Most museums have an accessibility page with useful information for visitors with additional needs.

Many popular museums also run programmes of events for children with additional needs, including relaxed events for individuals to enjoy the museums in a quieter environment.

Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#). Any disabled children/young people and their accompanying family members and personal carers can jump the queues to enter the museum – please approach a member of staff on arrival.

The Natural History Museum runs a programme of events called 'Dawnosaurs - information is available at [Dawnosaurs: Relaxed Morning Visit | Natural History Museum \(nhm.ac.uk\)](#) when the museum opens early so visitors can enjoy the museum in a quieter environment, before the general public is admitted. The events are supported by experienced Autism aware facilitators and are aimed at children aged 5-15 (siblings welcome). The next session takes place on Saturday 27th May 8 am to 10 am – tickets are available to book from 17th May – see [here](#).



There is also a series of Accessible Morning visits for disabled visitors, away from daytime crowds, to 'Titanosaur: Life as the Biggest Dinosaur' on Wednesday 31st May (and every other Wednesday) from 10 am to 10.45 (£12.96 for the disabled person, free companion ticket) – information [here](#).

Alternatively, their 'Dawnosaurs' programme has an online section at [Dawnosaurs Online | Natural History Museum \(nhm.ac.uk\)](#)

At the **Tring Natural History Museum** there is a programme of events known as Sendsational, aimed at neurodiverse children and young people – information at [SENDSational Mornings at Tring | Natural History Museum \(nhm.ac.uk\)](#) During half term there will be a session on **Sunday 28th May**.



The Science Museum

General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#). including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)

During Half term, the next **Night Owls** session will be on **Saturday 27th May from 6.30 – 9.30 pm**. Details and booking link [here](#).

These sensory-friendly evenings are for autistic individuals aged 16 and over, who need a quieter environment to enjoy the museum. The museum opens exclusively after hours and there will be a variety of fun activities as well as opportunities to explore the galleries.

Additional information about the museum's accessibility can be found on their website at [Accessibility | Science Museum](#). including information about visitors with visual or hearing impairments, and wheelchair users.



The London Transport Museum

The London Transport Museum are not running any SEND-specific events over the Easter holidays. However, they do provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. More information including general accessibility information on their website [here](#). as well as a [Social story](#) which may be useful for preparing your child/ren/young person for their visit.

Zoos

London Zoo has a programme of inclusive activities – see [here](#).

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues. During the Easter holiday they will have three events for individuals with additional needs:

The next Relaxed opening tour will be on Wednesday 31st May – when the zoo will open early from 8.30 to 10 am whilst the Zoo is closed to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. Information and details of how to book [here](#).



Audio Described Tours take place monthly - [see here for details](#) and information on how to book. The next of these 2-hour tours of the Zoo, on Wednesday 31st May, starts at 11 am and features Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.

British Sign Language Day on Sunday 4th June - see more information [here](#). There will be two, 2-hour, tours - delivered in British Sign Language - exploring different areas of the zoo, starting at **11.15 am** in the morning, and **2.15 pm** in the afternoon. The presentations are delivered by deaf presenter John Wilson and will help you learn more about the animals at London Zoo and ZSL's global conservation work



Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

Paradise Park's accessibility page (including information about discounted tickets) is at [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoicenfield.org.uk

Website: www.ourvoicenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoicenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoicenfield/>



If you no longer wish to receive these emails, and/or would like us to remove your details from our database, please email us and we will remove your details from our mailing list and/or database