



What's On during February half term 2023?

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Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the holidays in (or close) to the Enfield area as well as some days out in London and nearby.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.



Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

‘Local Offer’ information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about [‘Short Breaks’](#)

More information is in the attached [Enfield Children and Young Person’s Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible toilets and changing facilities](#).

General guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child’s anxieties over an unfamiliar environment, the relevant information isn’t always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this is on Local Offer [here](#) (entitled Holiday Play and Leisure activities booklet) along with additional information about playschemes and after-school clubs.

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage [‘Short Breaks’](#) in Enfield.



www.enfield.gov.uk



Imagine Children's festival Southbank

The Imagine Children's Festival is a relaxed festival meaning performances have a relaxed approach to noise and movement in the space and there is a chill-out space and noise-cancelling headphones available for both adults and children. The festival is aimed at ages 0-11 and includes children's theatre, music, dance, comedy, literature and family fun, dinosaurs, magic and more! The festival includes a range of free, inclusive and accessible events and activities taking place from 8th to 18th February. Full details [here](#).



Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their current events and activities see the Chickenshed events page [here](#).

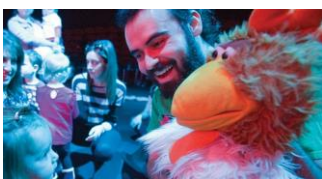
Venue: **Chickenshed**, Chase Side, Southgate, N14 4PE, UK



Tales from the Shed Tales from the Shed are vibrant inclusive shows aimed at young children. There are two additional 'Tales from the Shed' performances during half term on Wednesday 15th and Thursday 16th Feb (as well as most Saturdays until 25th March). Shows are at 10 am and 11.30 am and last for 40 minutes. £7 for adults and children (free to babies under 6 months). Details and booking [here](#).

Sunday shed sessions

Drop-in workshop sessions for all ages take place every Sunday. First sessions are free (for first time bookers) using code [SUNTRIAL](#)
5-7: 9.30 – 11 drama, dance, music and art
8-11: 11.30 - 1.30 music, dance, singing skills and live performance
12-18: 1.30 – 3.30 pm – workshops, scripted work and performance.
16+ 1.30 – 3.30 pm – musical theatre workshop
Details of the different sessions can be found [here](#).



Planet Play

50- minute Sensory learning sessions for babies and toddlers aged 0-3 years, every Friday at 10 am. Adults £9, babies and children free. More information [here](#).

Relaxed theatre at Jackson's Lane

Jackson's Lane at Highgate have relaxed performances of 'The Museum of Marvellous Things' on Wednesday 15th and Saturday 18th February at 2.30 pm. This is an interactive fun-filled family event with puppets, songs, movement, live music and craft. Use the discount code MARVELLOUS10 at the checkout to get discounted £10 tickets (Standard price is £14). More details and booking link on the website [here](#).



Please note that if you need to make a booking for a wheelchair space, or a complimentary carer seat, these need to be processed through the box office directly. If you require assistance with your booking, you please call on 020 8340 5226 and quote the discount code over the phone. Any problems or questions please contact Andy Martin, Front of House Manager on the above number.

Trampolining relaxed sessions



Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every Sunday 9 – 10 am (exclusive SEN session).

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £8.50 per child (siblings welcome at same price) and carers go free.

You must pre-book your place.



Every Sunday
9 - 10 am

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS

Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Relaxed sessions are designed
specifically for children with
additional needs and their
families. Music is turned down,
the party lights are turned off
and a quiet space is set aside for
anyone needing some time out.

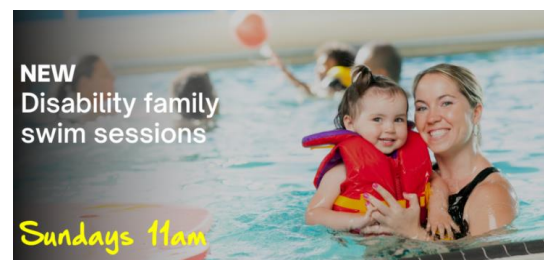
You will need to fill in a waiver
form (which you can do online
before arrival), and your child
will need to watch the safety
video before the session.

During Half term SEND sessions will be running on Sunday 12th and Sunday 19th February. See our flyer (on the left) and the Jump In website [here](#) for more information and booking.

Swimming sessions

Edmonton Leisure Centre offer Disability Friendly Family Swimming sessions every Sunday from 11 am to 12 pm. The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself).

Further details are available [here](#).



Fusion Lifestyle advise pre-booking your spaces beforehand to avoid disappointment as there is limited capacity. You can find the booking under 'Lane & General Swimming' on the Fusion Lifestyle app, which you can download via <https://download.mobilepro.uk.com/a/55U2?p=6>. Please note - these are NOT swimming LESSONS but are swimming sessions that the whole family can use to swim with the young person with disabilities.

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

To find audio described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

There are currently no relaxed sessions planned at local cinemas during half-term, but keep an eye on the [Dimensions website](#) for details of Autism-friendly showings coming up.

Sensory play for under 5s

‘Squish space’ is a sensory play space at the Barbican for children aged 5 and under, and their families. Sessions take place most days from 10 am to 2 or 3 pm.

For more details and to pre-book your free space, see the website [here](#). Places are limited and pre-booking is recommended.

For any questions, contact Creative.learning@barbican.org.uk



Teenagers

SEND Youth clubs for age 11+

The SEND Youth Club at Bell Lane Youth Centre (Enfield EN3 5PA) will continue as usual during the half-term.

This is a free Youth Club, exclusively for young people with SEND aged 11 and over. It runs from 6.30 to 8.30 pm every Tuesday evening.

There are a range of fun activities, sports and workshops covering topics like personal safety and healthy relationships as well as developing life skills.

To book a place go to the Youth Enfield website [here](#) and on the ‘filter by activities’ select SEND – you will then see the booking link for this club.

Before your child attends you will need to register [here](#) – you will need to wait for a confirmation email before you are able to book (this may take 24 hours). There is a box for additional information and medical needs which you should use to let them



know about your child/young person’s additional needs.

ECYPS Teenscheme

ECYPS are running a half term TEENScheme program on February 13th to 15th, 10 am to 3 pm at Alan Pullinger Centre in Southgate for ages 11-17. Please register [here](#). Any queries to teenschemecyps@gmail.com or text to 07533 914575.

ECYPS TEENScheme
 CHILDREN & YOUNG PERSONS SERVICES

HOLIDAY PROGRAMME Check Out Our Upcoming Events February half term

11-17/23

Feb 13 **Teenscheme**
 Come & join the super fun activities such as creative art, make-up session, cooking fun, basketball, team games & many more...

Feb 14 **Teenscheme**
 It's youth time! Various activities will build strong social life skill and creativity. 10am-3pm

Feb 15 **TBC**
 Come & join the super fun activities

For more information:
 email: teenschemecyps@gmail.com
 mobile: 07533914575 (text only)

Scan the QR code for bookings

February Half Term 2023
 CHILDREN & YOUNG PERSONS SERVICES

PROGRAMME INFORMATION

IF YOU ARE **AGED 11 - 17 YEARS (19 SEND)** AND LIVE IN **ENFIELD** YOU CAN SIGN UP FOR THESE HALF TERM YOUTH ACTIVITIES!

THE ACTIVITIES WILL RUN FOR **2 DAYS**
MONDAY 13TH FEBRUARY - TUESDAY 14TH FEBRUARY 2023

MONDAY AND TUESDAY WILL BE BASED AT THE ALAN PULLINGER YOUTH CENTRE WHERE THERE WILL BE **MULTI-SPORTS, ARTS AND CRAFTS, COOKING WORKSHOPS, COMPUTER ZONE AND MUCH MORE!**

WEDNESDAY'S TRIP IS AT
TBC

PLEASE FILL OUT THE **CONSENT FORM** WITH THE INDICATION OF WHICH DAYS YOU WANT TO ATTEND
Click link below for registration:
<https://forms.gle/AP3fWALJYd9qno1n89>
 OR
 Scan QR code above.

LUNCH: There will be lunch provided on the Monday and Tuesday. Please let us know about dietary requirements and allergies when booking. Please bring things to eat and drink with you, or **money** to go to the shop at lunchtime.

TRIPS: There are **limited spaces** on the leisure trips and this varies, depending on the trip.

BOOKING IN ADVANCE IS **ESSENTIAL**
 TRIPS SPACES ARE ONLY GUARANTEED ONCE BOTH A **CONSENT FORM AND CONTRIBUTION** HAS BEEN MADE. THIS MUST BE IN CASH AND BROUGHT IN ON THE FIRST DAY OF TEENScheme, OR BROUGHT INTO ECYPS, THE ARK, EDMONTON, N9 OUR PRIOR TO THE CLUB STARTING.

Museums and London landmarks

Post Early – relaxed event at the Postal Museum



The Postal Museum has a Relaxed event on 13th February from 10 am to 5 pm (£3.50 per person). This event has been co-produced with Ambitious about Autism and a group of their autistic Youth patrons, and is suitable for autistic and neurodiverse people and their families, and anyone who would benefit from visiting the museum when it is quieter.

Tickets must be pre-booked.

See details [here](#).

The Tower Bridge Experience

The **Tower Bridge Experience** runs relaxed sessions once a month – the next one will be on Saturday 18th February with various sessions available to book between 9.30 and 11.10. For more information including booking arrangements see [here](#).



Africa Fashion exhibition at the Victoria and Albert Museum



There will be a relaxed visit to the Victoria and Albert's 'Africa Fashion' Exhibition on Thursday February 16th from 9 – 10 am. This is a free event but you must email communities@vam.ac.uk to book your spaces. More information on the 'Autism in Museums' website [here](#).

Zoos

London Zoo has a programme of inclusive activities – see [here](#).

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues. During half-term they will have three events for individuals with additional needs:

Relaxed early opening tour on Wednesday 15th February 8.30 to 10 am (before the Zoo opens to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. A disability concession ticket entitles the holder to a free companion or carer place with each ticket. Information and details of how to book [here](#).



Audio Described Tour on Wednesday 15th February at 11 am – see here for [details](#) and information on how to book. This 2-hour tour of the Zoo uses Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.

British Sign Language Day on Saturday 11th February - see more information [here](#). There will be two, 2-hour, tours - delivered in British Sign Language - exploring different areas of the zoo, starting at **11.15 am** in the morning, and **2.15 pm** in the afternoon. The presentations are delivered by deaf presenter John Wilson and will help you learn more about the animals at London Zoo and ZSL's global conservation work.



£3 ZOO TICKETS!

London Zoo is offering £3 tickets for anyone currently receiving Universal Credit, Employment and Support Allowance, Income Support or Jobseeker's Allowance.

- The £3 tickets are available for the whole family and under 3's go free.
- Tickets can be purchased from the admissions kiosk on the day, from 11am, every day of the week.
- Just bring proof of benefit letter (electronic or paper).
- Offer runs until the end of March 2023.



Discounted tickets

If you are in receipt of Universal Credit, Working Tax Credit, Child Tax Credit, Employment and Support Allowance, Income Support Allowance or Jobseeker's allowance, you can currently (until end of March) buy £3 tickets at the zoo entrance from 11 am every day. You'll need to bring your proof of benefit letter with you.

More information [here](#).

Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues. There are no relaxed openings during half-term – the next one will be Sunday 26th February – [see here](#) for details and to book


Paradise Park's accessibility page is at [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)

Siblings

Enfield Carers Centre has a programme of support for [young carers](#) including the brothers and sisters of children with additional needs. You can see more about the programme [here](#), including activities during term time and other support available, and there is a brochure with more information on the main activities [here](#).

During half term they will be running a Drama workshop from Tuesday to Thursday.

You will need to register them using the form on [this page](#) first.



Young Carers Hub Activities

5 - 18 year olds
January - June 2023

Funded by Kind Donations & **COMMUNITY FUND**

Alternate Wednesdays Young Carers Hubs

Zoom 5pm - 6pm
Face to Face 5:30pm - 7:30pm

Call to book a space at our Young Carers Hubs

EyPIC Homework Clubs

Tuesdays 4pm - 5pm
Face to Face

Thursdays 4pm - 5:30pm
On Zoom
Term time only

All Hubs and chats are hosted by ECC staff so they're safe and only Young Carers registered with ECC will be able to join.
Check out our website for more information on our EyPIC project and summer activities

CREATE ARTS ORGANISATION
CHARITY OF THE YEAR 2020

February half-term

Drama Workshop

Tuesday 14th, Wednesday 15th
AND Thursday 16th

10:30am - 3:30pm every day



All interested Young Carers will be added to our waiting list. Places will be confirmed nearer the event.

Online Kindness Club
(term time)
Fridays
4:30 - 5pm

Lots more activities being arranged for April, May & June. Follow us on social media to keep up with what's on

If you would like to join any of our events contact us on
020 8366 3677 or 07809 332106

Follow us on Social Media!

 [EnfieldCarersCentreYoungCarers](#)  [eypic_youth](#)  [eypic_youth](#)

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We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceneenfield.org.uk

Website: www.ourvoiceneenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceneenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoiceneenfield/>



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