

What's On this Summer holiday?

General information	n/a	Page 2
Playschemes for the holidays	Various	Page 2
Chickenshed	Various	Page 3 -4
Sensory play for under 5s at the Barbican	Various	Page 5
Cinema relaxed session	Saturday 6 th August	Page 5
Trackplay sessions	Sat 23 rd July & Wed 24 th Aug	Page 5
Relaxed/SEND trampolining	Sundays and Wednesdays	Page 6
All-ability Cycling (including adapted bikes)	Mondays	Page 6
Sports at home (online)	Various	Page 6
Teenagers and youth clubs, Summer Uni and ECYPS Teenscheme	Various dates	Pages 7-8
Museums Science Museum relaxed session Natural History Museum Tring	Saturday 6 th August Sunday 21 st August	Page 9
Zoos - general accessibility information Relaxed session at London Zoo British Sign Language Day at London Zoo Audio described tour at London Zoo Relaxed Opening at Whipsnade Zoo	Various Wed 27 th Jul & Wed 24 th Aug Wed 10 th August Wed 3 rd August Sunday 31 st July	Page 10

Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the Summer holidays in (or close) to the Enfield area.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).



'Local Offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about ['Short Breaks'](#)

More information is in the attached [Enfield Children and Young Person's Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible changing facilities](#).

General guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this on the Local Offer here.

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage ['Short Breaks'](#) in Enfield.



www.enfield.gov.uk



Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all these events and activities over the summer see the Chickenshed events page [here](#). The Children's Festival of Fun runs from Sunday 31st July to Sunday 14th August – 2 weeks of events for children aged 0-11.



Tales Big Day out: a family day out with two hours of song, dance and action, performances and workshops. 'A year's worth of shows, in an afternoon of bitesize bursts! Rain or shine, Tales Big Day Out is fun for all the family' **Dates & Times:** Sun 31 Jul, 10.30am & 1.30pm | Sun 14 Aug, 11am & 2pm **Running time:** 2hrs **Ages:** 0-7yrs **Tickets:** £10 | Free under 12mths **More Details** [here](#).

Storyworld Yoga – well-known children's story books told through movement and yoga.

Dates & Times: Wed 3 & Fri 10 Aug, 2pm

Running time: 50mins | Studio Theatre

Ages: 0-7yrs **Tickets:** £5 **Information** [here](#).



Sing Sign: Interactive theatre supporting the development of language and communication through fun and colourful singing using British Sign Language. **Dates & Times:** Thu 4 & 11 Aug, 1.30pm (Ages 0-6yrs) | Thu 11 Aug, 3pm (Ages 7-11yrs) **Running time:** 50mins | Studio Theatre **Ages:** 0-6yrs & 7-11yrs **Tickets:** £6 **More details** [here](#).

Story world: Telling stories from local writers and authors including 'My Crown' by Erina Lewis, and a different mystery story at each performance. **Dates & Times:** Fri 5 & Fri 12 Aug, 1.30pm **Running time:** 50mins | Studio Theatre **Ages:** 0-7yrs **Tickets:** £6.50 **Details** [here](#).



Planet Play: 45-minute sensory learning and exploration, encouraging play and communication development through song, movement and music for babies and toddlers aged 0-3 years. **Dates & Times:** Sun 6 & Sun 14 Aug, 9.30am **Running time:** 50mins | Rayne Theatre **Ages:** 0-3yrs **Tickets:** Adults £8 | Babies & children FREE. **Details** [here](#)

Making a better world: Interactive show with an aged recommendation of approximately 6-11 years. **Dates & Times:** Sat 6, Sun 7 & Sat 13 Aug, 1.30pm **Running time:** 50mins | Studio Theatre **Ages:** 6-11yrs **Tickets:** £7.50 Details [here](#).



Sound adventures

A 'binaural adventure through sound, with your own personalised headphones ... cartoon noises and digital soundscapes are matched with 'breath-taking visuals'.

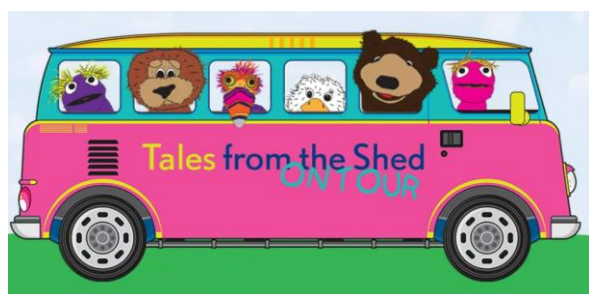
Dates & Times: Sat 13 Aug, 10am **Running time:** 50mins | Rayne Theatre **Ages:** 6-9yrs **Tickets:** £6 Details [here](#).

Baby Broadway

An interactive show featuring well-known musical numbers from popular shows and films, performed by West End singers, alongside bubbles, puppetry, dance moves. **Date:** Sat 20 Aug **Times:** 10am & 11.30am **Running time:** 45mins **Tickets:** £7 | Free to babies under 6mths **Ages:** 0-6yrs but all ages welcome. More information [here](#).



Tales from the Shed on Tour



Chickenshed's vibrant, inclusive theatre shows aimed at young children aged 0-6. This summer they will be heading to Broomfield Park Summer Festival, where they will perform a show in their Outdoor Arena on Sat 23 & Sun 24 Jul at 11am **Running time:** 60 mins **Ages:** 0-6yrs **Tickets:** Adults £10 | Children £5 | Family £25 (2 adults & 3 children). For more information and to book see the website [here](#).

Cinderella in Boots – Summer Pantomime

This is Chickenshed's first summer pantomime, retelling the Cinderella story with a modern spin. Playing in Chickenshed's Studio Theatre, parks and festivals across London this summer.

Wed 3 - Sat 13 Aug Wed - Fri & Sun 10am & 11.30am | Sat 6 Aug 11am | Sat 13 Aug 11.30am **Running time:** 55mins (Studio Theatre) **Ages:** 3+yrs **Tickets:** Adults & Children £8 | Free to babies under 12mths. More information [here](#).



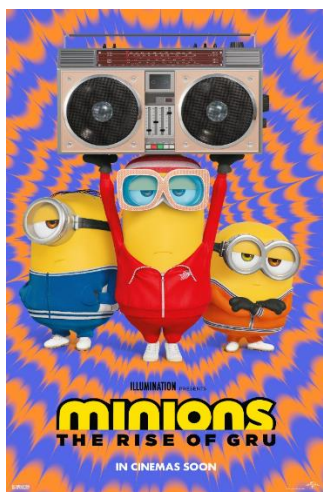
Sensory play for under 5s

'Squish space' is a sensory play space at the Barbican for children aged 5 and under, and their families.

For more details and to pre-book your free space, see the website [here](#). Tickets are currently available for each day at half term from 10 am to 3 pm. Places are limited and pre-booking is recommended. For any questions, contact Creative.learning@barbican.org.uk



Cinema



Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

To find audio described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

On Saturday 6th August at 11 am. Cineworld Enfield will have an Autism Friendly showing of 'Minions: The Rise of Gru'. Details and booking [here](#).

<https://www.trackplay.co.uk/events/enfield-half-term-special-2>

Trackplay

Although there are no SEND specific Trackplay sessions coming up in the Enfield area, Trackplay will be running open sessions (not SEND specific) on Saturday 23rd July at Winchmore Hill Baptist Church and on Wednesday 24th August at Forty Hill Primary school.

These 90-minute play sessions are very popular with many of our young members.

These events are great fun for children who love trains. Please note that these are general sessions open to the public, so they may be relatively noisy.



Full details and booking links for 23rd July see [here](#) and for 24th August see [here](#)

Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every **Sunday 9 – 10 am** (exclusive SEN session) or **Wednesday 5-6 pm** (not exclusive for SEN)

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £8.50 per child (siblings welcome at same price) and carers go free.

You must pre-book your place. |



Every Sunday
9 - 10 am or
Wednesday 5 - 6 pm
(not exclusive for
SEN)

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS
Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Relaxed sessions are designed
specifically for children with
additional needs and their
families. Music is turned down,
the party lights are turned off
and a quiet space is set aside for
anyone needing some time out.

You will need to fill in a waiver
form online, and your child will
need to have watched the safety
video online before the session.
Links are provided as part of the
booking process

Trampolining relaxed sessions

During the Half-term holidays SEND sessions will be running on Wednesdays and Sundays. See our flyer below and the Jump In website [here](#) for more information and booking.

All ability cycling

Drop-in, all-ability cycling sessions take place at Bush Hill Park every Monday from 10 am to 3 pm. The sessions are designed for people from age 5 upwards with learning, physical and/or sensory disabilities to enjoy cycling on a range of adapted cycles, including single/tandem tricycles, side-by-side cycles for two or more people, wheelchair platform cycles and go-kart style recumbent cycles. After being shown how to use the cycles by the friendly volunteers and staff, attendees are free to cycle around the park or green space with their friends, family or carer. Please note that one-to-one support is not available, but parents and carers are encouraged to ride alongside the people they are supporting. As sessions are popular and there are only a limited number of bikes (particularly those suitable for children) you may have to wait for the bike that you want to use to become available. If possible, you may prefer to visit in the afternoon which is normally quieter. Full details at <https://www.bikeworks.org.uk/all-ability-clubs/> If you have any questions, please email all.ability@bikeworks.org.uk



Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

Teenagers and Youth clubs for age 11+

We are opening...



A SEND Youth Club for young people at our Bell Lane Youth Centre



Healthy relationship workshops



Personal safety



Support to develop life skills



Sports sessions

We welcome children and young people with a wide range of differences and we typically have a staff to young person ratio of 1:5.

BELL LANE YOUTH CENTRE, EN3 5PA

STARTING TUESDAY 23 NOVEMBER
6.30pm - 8.30pm

Sign up online today
to register your interest please see website below
www.youthenfield.taptub.co.uk

ENFIELD Council

The SEND Youth Club at Bell Lane Youth Centre (Enfield EN3 5PA) will continue as usual during the School Summer holidays. This is a free Youth Club, exclusively for young people with SEND aged 11 and over. It runs from 6.30 to 8.30 pm every Tuesday evening.

There are a range of fun activities, sports and workshops covering topics like personal safety and healthy relationships as well as developing life skills.

To book a place go to the Youth Enfield website [here](#) and on the 'filter by activities' select SEND – you will then see the booking link for this club.

Before your child attends you will need to register [here](#) – you will need to wait for a confirmation email before you are able to book (this may take 24 hours). There is a box for additional information and medical needs which you should use to let them know about your child/young person's additional needs.

ECYPS 'Teenscheme' for Summer: ages 11 – 17

ECYPS are running a summer Teenscheme programme at Alan Pullinger Centre in Southgate for ages 11- 17. Please register [here](#).

ECYPS TEENScheme

SUMMER'S HERE Check Out Our Upcoming Events this summer 2022

ALAN PULLINGER CENTRE SOUTHGATE

July	Teenscheme
Wk 1- 25-27TH JULY	Come & join the super fun activities such as slime making, cooking fun, basketball, team games & more...
Aug Wk 2- 1-3RD AUG	Teenscheme It's youth time! Various activities will build strong social life skill and creativity.
Aug Wk 3- 8-11TH AUG	Trips Ice-skating, indoor climbing, aqua park, inflatable-TBC
Aug Wk 4- 15-17TH AUG	Come & join the super fun activities

10am-3pm

For more information:
Email: teenschemeecyps@gmail.com
mobile: 07533914575 (text only)

Summer Uni

REGISTER NOW TO AVOID DISAPPOINTMENT



TIME TREK

**REGISTER NOW
IN TIME FOR SUMMER**

Summer Uni 2022 is back bigger and better

We have over 80+ free activities for young people aged 11-19 (up to 25 with SEND) to sign up to during the Summer Holidays



**Website goes live Fri 8 Jul!
Register now!**

 Youth Enfield
  @Youth_Enfield #youthenfield
 Email: SUregistration@enfield.gov.uk
 Register now: www.youthenfield.taptab.co.uk/register

Funding by The Department for Education



The Summer University is a free programme of activities for young people aged 11 – 25 (up to 19 if they don't have SEND) running across the summer holiday period.

'Universal Activities' are intended to be accessible to all young people where possible. Please email suregistration@enfield.gov.uk to discuss your young person and to ensure that their needs can be met by a specific universal activity. There are also 'Universal Plus' activities for children and young people with SEND who need some additional support. There are also SEND specific courses which have a ratio of 1-5 staff members and each course has 10 places. (Courses do not provide personal care or 1:1 support).

The full brochure of activities is available on our website [here](#).

Eat Fresh - Plant Based Food and Cooking

Join us on our exciting hands-on cookery classes, where we will make tasty, nutritious, delicious and faster-than-a-takeaway meals! And we will do all this using everyday ingredients that are easy to source and don't cost the earth – in both senses actually!! We will make the nation's two most popular take away meals: an Indian meal and a Chinese meal, but healthier versions that are full of flavour.

DATES: Wed 27 Jul – Thu 28 Jul
VENUE: Oasis Academy Hadley
TIMES: 11am–2pm AGES: 11–19 (25 for SEND)

Dance

Young people will learn dance skills, techniques and moves before using them in dance routines. The sessions will cover a variety of dance styles and choreography, and young people will learn to work alone, with a partner and as a group. Students who follow our programme not only leave having learnt dance steps and a full routine, they will also have improved their stamina, mental health and self-confidence.

DATES: Mon 8 Aug – Fri 12 Aug
VENUE: Craig Park Youth Centre
TIMES: 1.30pm–4pm AGES: 11–16 (25 for SEND)

Doodle Mosaic Madness

Have a smashing time with an introduction to wonderful world of mosaic! You will produce your own mosaic using an array of mosaic tiles plus a range of pre-cut shapes, making it easy for beginners to produce a professional mosaic you will be proud of. Within a warm and friendly environment you will learn how to: Produce and transfer your design, Cut and shape vitreous glass tiles, Produce a bespoke mosaic, Use adhesives and grout.

DATES: Mon 25 Jul – Tue 26 Jul
VENUE: Ponders End Youth Club
TIMES: 11am–4pm AGES: 11–19 (25 for SEND)

Strike Back

A fun way to stay fit, healthy and happy with Kick Ass martial arts, learn special skills that will help you in self-defence and improve your confidence. Gain a certificate and even a medal. Learning to know when, where and how to fight back. 3 hours of games, stretching, punches and kicks with exciting pad work and street survival techniques. Wing chun Kung Fu made famous by the late actor Bruce Lee and Yip Man films.

DATES: Mon 15 Aug – Wed 17 Aug
VENUE: Ponders End Youth Club
TIMES: 10am–1pm AGES: 11–19 (25 for SEND)

Strike Back

A bespoke martial art course for young people, improving confidence, coordination and balance. Whilst learning new innovative ways to get fit and have fun. Promoting opportunities in exercise and martial arts for all including wheelchair users and those with special needs. Wing chun Kung Fu made famous by the late actor Bruce Lee and Yip Man films.

DATES: Mon 1 Aug – Wed 3 Aug
VENUE: Ponders End Youth Club
TIMES: 10am–1pm AGES: 11–19 (25 for SEND)

Jazz up your biscuits with henna – Style Sugar Art

Join us to learn henna-art inspired designs to add that WOW factor to your biscuits and turn them into beautiful items, great to give as gifts for example. You will learn to make a henna art cone, the required consistency of the sugar paste and how to make your patterns flow. This class will use an almond base. (We regret that this session is not suitable for wheat or almond allergy sufferers).

DATES: Thu 18 Aug – Fri 19 Aug
VENUE: Oasis Academy Hadley
TIMES: 11am–2pm AGES: 11–19 (25 for SEND)

If you wish to discuss your child needs, please email

suregistration@enfield.gov.uk

Museums

Sensory Friendly events at the Science Museum

The Science Museum runs a series of sensory -friendly accessible events for families with members who benefit from avoiding the noise and crowding when the Museum is open to the general public. See [here](https://www.sciencemuseum.org.uk/see-and-do/accessible-event) <https://www.sciencemuseum.org.uk/see-and-do/accessible-event> for more information.

SENsory Astronights is an overnight event for families with members who benefit from a more relaxed museum atmosphere and offers an opportunity to enter the museum after it has closed to the general public, to explore the galleries, watch a science show, take part in some fun workshops, and sleep in one of the galleries. The next session (aimed at ages 7 – 17) will be on Saturday 6th August 7.15 pm till Sunday 7th August at 10 am - more information and booking [here](#).



General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#). including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)

Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#). The Natural History Museum in South Kensington is not running any relaxed sessions during the summer holidays. However, any disabled children/young people and their accompanying family members and personal carers can jump the queues to enter the museum – please approach a member of staff on arrival.

Alternatively their ‘Dawnosaurs’ programme has an online section at [Dawnosaurs Online | Natural History Museum \(nhm.ac.uk\)](#) or you could visit the Natural History Museum in Tring (see below).

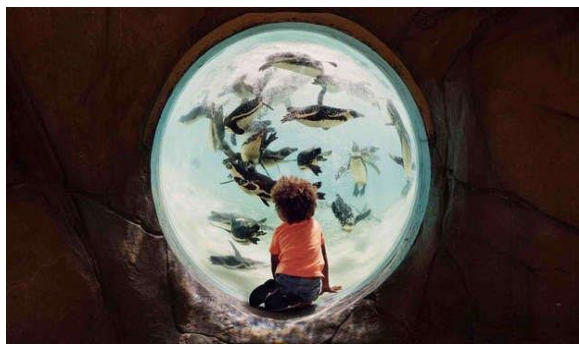
SENDSational Mornings at Natural History Museum Tring

The Natural History Museum in Tring is running its SENDsational morning on Sunday 21st August from 9 – 10 am – see [here](#) for more information and booking link.

This event is aimed at children with neurodiverse conditions (including Autism and other sensory processing difficulties) aged 5-15, and their families, and enables them to experience the museum in a quieter environment. Visitors will have opportunities for specimen handling, a ‘big draw’ and a gallery trail, all supported by experienced autism-aware facilitators. Tickets are free but you must pre-book.



Zoos



London Zoo has a programme of inclusive activities – see [here](#)

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues.

During the Summer holidays they will have three events for individuals with additional needs:

Relaxed openings on Wednesday 27th July and Wednesday 24th August (after the Zoo closes to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. A disability concession ticket entitles the holder to a free companion or carer place with each ticket. Information and booking [here](#).

Audio Described Tour on Wednesday 3rd August at 11 am – see here for [details](#) and information on how to book. This 2-hour tour of the Zoo uses Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.

British Sign Language Day on Wednesday 10th August - see more information [here](#). There will be two, 2-hour, tours - delivered in British Sign Language - exploring different areas of the zoo, starting at **11.15 am** in the morning, and **2.15 pm** in the afternoon. The presentations are delivered by deaf presenter John Wilson, and will help you learn more about the animals at London Zoo and ZSL's global conservation work.

Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#). This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

Relaxed openings take place on the last Sunday of each month from 9 – 10 am. The next one is Sunday 31st July - see [here](#) to book (and Sunday 28th August –to be confirmed)

Paradise Park's accessibility page is at [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:
Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk
Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoiceenfield/>

If you no longer wish to receive these emails, and/or would like us to remove your details from our database, please email us and we will remove your details from our mailing list and/or database.

