



Our Voice 'Cuppa & Chat'

Back to school sessions

Tuesday 13th Oct: 8.30 – 9.30 pm & Wednesday 21st Oct: 10.30 – 11.30 am

These online 'cuppa and chat' sessions are for all parents and carers of children and young people (aged 0-25) with special needs and/or disabilities living in Enfield.



Please join us for an informal chat session to talk with other parents and carers (including some of the Our Voice team) about the challenges you and your family are facing as children and young people return to school or move to new schools and colleges.

The meetings will take place online via 'GoTo Meetings' – you can use a computer, tablet or smartphone. No need to book – just join using [this link](#). If you have not used 'GoTo Meetings' before, you will need to download the app in advance using [this link](#). Or you can phone in on 0330 221 0088 using Access Code 714-449-909

It is so good to be able to talk to other parent/carers and know they are going through similar experiences and just to connect with them

I like the sessions because I can exchange and discuss practical information - so much better than reading general guidance.

Parents of mainstream children do not necessarily understand our life and challenges we face. The coffee chats make it much easier to link with other parents.